



UNIVERSITY PARENT  
**GUIDE**

**2010**

**Saint Mary's University  
of Minnesota**

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CAMPUS RESOURCES – LOCAL INSIGHT – HELPFUL INFORMATION

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Welcome

**Worried? Don't be.**  
Saint Mary's makes it easy for you to stay connected

College is a life-changing experience. For many young adults, it is their first time away from home. Saint Mary's strives to make this transition as smooth as possible for both your student and you.

information that helps them decide if Saint Mary's is the perfect fit. Our website has a wealth of information, our admission counselors are friendly and dedicated to helping students, and we welcome prospective students and their families to visit us any time during the year.

For parents and students who are trying to select a college, Saint Mary's provides

[www.smumn.edu/start](http://www.smumn.edu/start) ■

Contact



**Office of Admission**  
Saint Mary's University of Minnesota  
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Winona, MN 55987-1399  
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[www.smumn.edu](http://www.smumn.edu)

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# About Saint Mary's

**Saint Mary's University of Minnesota is dedicated to advancing the educational and career goals of today's students. Its mission is to "awaken, nurture and empower learners to ethical lives of service and leadership."**

Founded in 1912, Saint Mary's is a private, Lasallian Catholic, comprehensive institution, guided by the De La Salle Christian Brothers since 1933. About 1,400 students are enrolled in the residential undergraduate College at the Winona campus and more than 4,300 students are enrolled in the Schools of Graduate and Professional Programs. The university delivers education to its adult learners throughout campuses in Minneapolis, Winona and Nairobi, Kenya; centers in Rochester, Apple Valley, Minnetonka, and Oakdale; and at numerous other locations in Minnesota, Wisconsin and Jamaica.

At the coeducational, residential Winona campus, the undergraduate College combines traditional liberal arts and sciences with career preparation in a student-centered environment. The Winona campus comprises 400 acres and 47 buildings, with excellent facilities for living, learning and recreation. The bachelor of arts program offers 58 majors.

The Schools of Graduate and Professional Programs (SGPP) is one of the largest graduate schools in Minnesota. The SGPP is comprised of the Graduate School of Business & Technology, the Graduate School of Education, the Graduate School of Health & Human Services, and the School of Professional Programs. A pioneer in outreach education since 1984, the SGPP offers certificate, bachelor completion, master's, specialist, and doctoral programs at the university's Twin Cities and Winona campuses, centers in Rochester, Apple Valley, Minnetonka, and Oakdale. Courses are also offered in greater Minnesota and Wisconsin.



At the Nairobi campus, Christ the Teacher Institute for Education offers two undergraduate education programs, and the Maryknoll Institute of African Studies offers two graduate programs in African studies. Saint Mary's offers a graduate program in education in collaboration with the Catholic College of Mandeville in Jamaica.

Saint Mary's University of Minnesota is accredited by The Higher Learning Commission and is a member of the North Central Association, 30 North LaSalle Street, Suite 2400, Chicago, Illinois 60602, (312) 263-0456, [www.ncahlc.org](http://www.ncahlc.org). ■

# Lasallian Education

**Members of the Saint Mary's University of Minnesota community are part of the great international Lasallian network. This group of educational institutions distributed around the world is dedicated to quality student-centered education and learning in the Catholic tradition. Here people are compassionate in their dealings with others, dedicated to the advancement of knowledge, and appreciative of art and culture.**

Saint Mary's University, as a Lasallian Catholic institution, traces its origins to a priest and educational innovator of 17th century France, Saint John Baptist de La Salle. Born in 1651, De La Salle began a new system of Christian schools in which the teachers assist parents in the educational, ethical and religious formation of their children. To continue his vision, John Baptist de La Salle founded the Institute of the Brothers of the Christian Schools (known today as the De La Salle Christian Brothers). In Latin, the group's name is *Fratres Scholarum Christianarum*, the familiar "FSC" after a Brother's name. The spiritual and pedagogical insights of Saint John Baptist de La Salle are the foundations of the modern Lasallian community.

Today, the Lasallian Community, the ongoing home of De La Salle's tradition and spirit, is alive and functioning in 81 countries of the world and in more than 1,000 educational institutions. Over 4,000 De La Salle Christian Brothers, along with 56,000 Lasallian lay colleagues, serve over three quarters of a million students and their families worldwide. Here in the United States there are more than 100 Lasallian educational institutions. Saint Mary's University of Minnesota is one of six Lasallian colleges and universities in the United States. ■



**Winona  
Downtown Office**  
125 Main Street  
457-1380

**Winona  
Goodview Office**  
34th Avenue & Service Drive  
457-1390

**Winona  
Sugarloaf Office**  
Highway 61 & Mankato Avenue  
457-1370

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## Admissions

Saint Mary's welcomes applications from freshman, transfer, re-admit and international students. There are 3 ways to apply to SMU:



- Our online application - [www.smumn.edu/apply](http://www.smumn.edu/apply)
- The Common Application - [www.commonapp.org](http://www.commonapp.org)
- Universal College Application - [www.universalcollegeapp.com](http://www.universalcollegeapp.com)

Information on admission requirements: [www.smumn.edu/admission](http://www.smumn.edu/admission) ■

## Academic Advising

Academic advising is an essential component of the university's personal approach to education. Faculty and the Academic Advising Office work closely with incoming freshman and transfer students to make sure that they make the best possible choices in regard to classes and academic workload. This collaborative approach helps students assess their educational objectives, determine new educational experiences, obtain encouragement and support, and evaluate their academic and personal achievements.


The Academic Advising Office works closely with faculty so that they are better able to help students grow in self-awareness, develop realistic educational plans, and coordinate educational experiences. ■



## Scholarships / Financial Aid


Saint Mary's offers a variety of scholarships to qualified applicants based on merit. These include awards for academics, art, music, theatre and leadership. The academic awards are automatic at the time of admission application. The art, music, theatre and leadership awards are competitive and have an application deadline of February 15. All of these awards range from \$1,000 to \$10,000.

Distinctive accommodations across from Saint Mary's University.



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More info: [www.smumn.edu/scholarships](http://www.smumn.edu/scholarships).

SMU has a long-standing commitment to remain affordable to qualified applicants – that's why we keep our costs below those of comparable colleges.

- More than 75% of our students receive scholarships, grants, loans and campus jobs.
- We need your FAFSA (Free Application for Federal Student Aid), which you can complete online at [fafsa.ed.gov](http://fafsa.ed.gov). ■

Saint Mary's University of Minnesota

## Campus Tours

Saint Mary's encourages prospective students and their families to visit campus if at all possible. When you arrive you'll be able to take advantage of a student-led campus tour and a personal meeting with an admission counselor. When you come to campus we encourage you to make the most of your visit by meeting professors, sitting in on a class, having lunch in our cafeteria, attending a sporting or cultural event, or even taking a hike in the wooded bluffs that surround our campus.

High school seniors and second semester juniors also have the opportunity to participate in overnight visits. In addition to all of the experiences included in day visits, overnights are often planned in conjunction with special events, so you can get a feel for what student life is like at Saint Mary's.

Saint Mary's also offers admission events that cater to prospective students with various academic and extracurricular

interests. Past events have included Honors Day for prospective Lasallian Honors students and a special science initiatives day for those interested in a biology, chemistry or physics major.

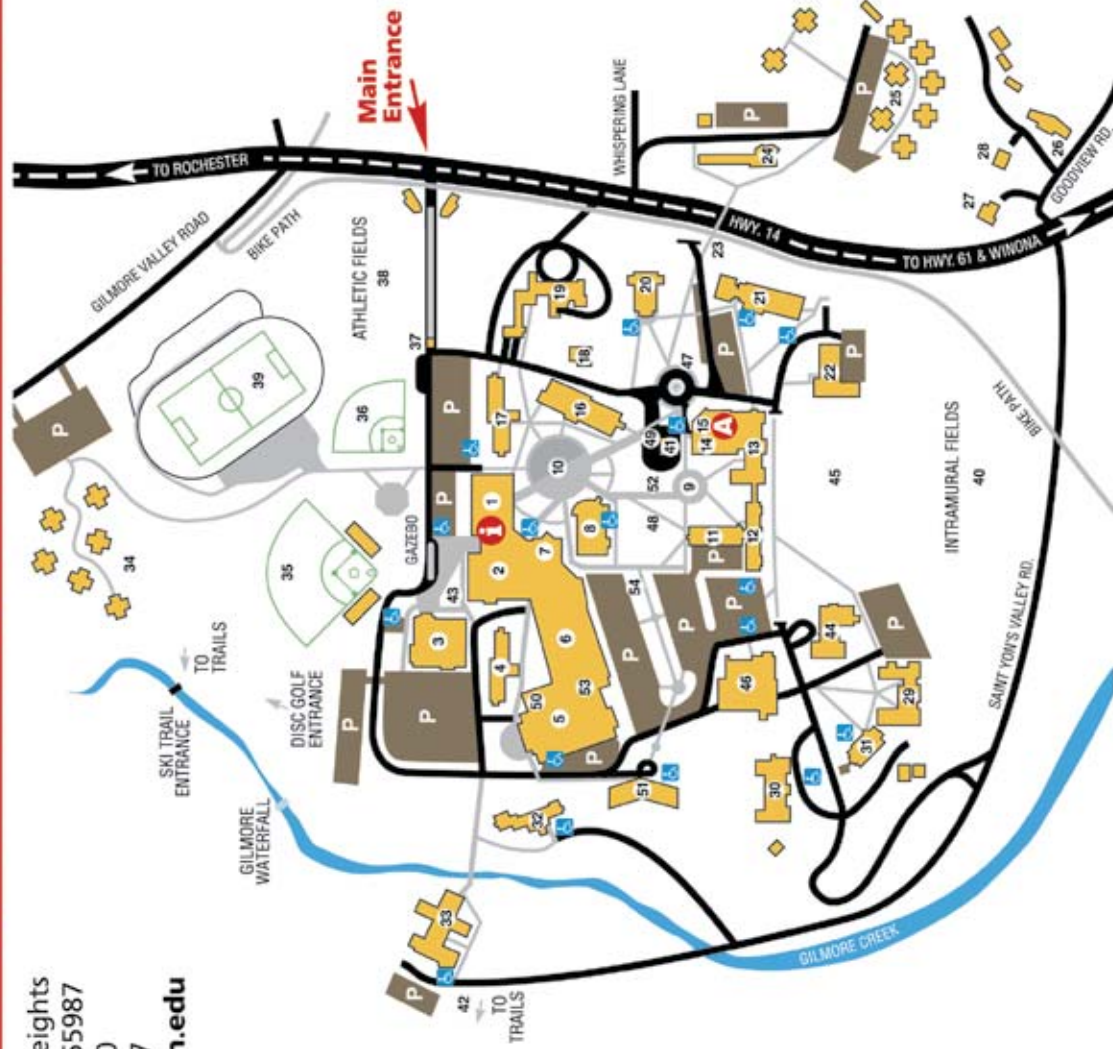
If you cannot make it to campus for a visit, we have information on our website to help you get a feeling for life at Saint Mary's.

[www.smumn.edu/visit](http://www.smumn.edu/visit) ■

[www.universityparent.com/smumn](http://www.universityparent.com/smumn)

# Saint Mary's University of Minnesota – Winona, Minn.

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**i** Information 507-457-1585  
**A** Admission Center 507-457-1700  
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 Please use designated visitor parking spaces.

B-01-08



## Living on Campus

### College isn't just about classes...

#### Student Life

Some of your most memorable college experiences will take place outside the classroom. Going to college is a wonderful experience – there's all that learning going on – new ideas, new skills, broader horizons, greater potential. Along with the education, there's the campus experience, the life you'll live while at college. Saint Mary's offers a rich, vibrant experience where students can participate in activities and campus organizations, creating opportunities for themselves and others that help to develop confident, mature, self-aware leaders who are engaged in their community.

#### Residence Life

Living on campus adds another dimension to being at college. Students living on campus have more opportunities to participate in social, cultural, recreational, academic and community-service programs.

#### Student Health

Your student has a number of resources at their disposal to ensure a healthy lifestyle.

The university offers meal plans and works with specific dietary needs. In addition, we have a Wellness Center for students who need medical or mental health attention. More information can be found at: [www.smumn.edu/wellness](http://www.smumn.edu/wellness).

We also offer a wide variety of physical education programs and excellent facilities, as well as outdoor paths through the bluffs surrounding our campus.

#### Student Activities

The non-academic, self-structured aspects of student life can prove invaluable in personal growth and development and in the enhancement of the experience and knowledge a student gains at Saint Mary's.

Student activities are a way for students to connect with other students with similar views, aspirations and concerns, providing a framework for those students to work together for a common goal. The university directly and indirectly encourages and provides for a wide variety of such activities. A number of campus organizations, clubs, fraternities and sororities provide students with many avenues for personal, vocational and social growth.

Students are also presented a wealth of programming opportunities by the Office of Residence Life, within their specific residence hall. These programs are social, educational and service-oriented to complement the academic experience.

#### Student Government

Student Senate and the Student Activities Committee allow students a voice in their campus life here at SMU.

#### Student Media & Publications

If you've got a story to tell, SMU has a venue for you to tell it. Whether you tell it on a radio guest spot (or your own self-produced ongoing radio program), an article in the student paper, or an essay in the SMU literacy magazine, that's up to you. You can do it all here.

#### Campus Ministry & Volunteer Services

Faith and worship are an important part of most students' lives while they are at SMU. Volunteerism and Service Learning is a major part of a Saint Mary's education. Students discover a bit more about themselves when they participate in these student organizations.

#### Special Interest & Political Groups

Saint Mary's students have definite viewpoints on how to best help the world, and their student organizations prove it. Groups formed around politics and social issues, health and service issues, and charity work are a major part of campus life for many SMU students.

#### Performing & Visual Arts

For those who are into theatre, music or art there's a student organization for you. These student groups organize performances, exhibitions, social gatherings and field trips.

#### Academic Departmental Groups

Many of the academic departments have student groups that allow students to collaborate and socialize with others who are interested in a particular major or discipline.

#### Sports & Recreation-Related Groups

These casual activity groups offer students the opportunity to get together and have a good time dancing, diving, fencing, hiking, snowboarding and much, much more.

#### Intramural Sports

If you like your activities a bit more intense, intramural sports are just the ticket. These student organizations aren't afraid to play hard. ■

## Study Abroad

Saint Mary's encourages students to incorporate international study into their academic plans. Studying abroad enhances a liberal arts education by introducing students to stimulating learning experiences and encouraging them to develop a sense of global citizenship. SMU offers programs in London, China, Italy, and Palestine, and partners with other institutions to offer students the option of studying abroad in Argentina, Ecuador, France, Mexico, Northern Ireland, Norway, Poland, and Spain. ■



## Career Services

Saint Mary's Career Services and Internships Office offers programs, activities and individual appointments to assist students in developing a general perspective of life/work planning, as well as evaluating and effectively implementing specific job search strategies.

Career Services and Internships provides self-assessment tools to assist with choosing a major and developing career plans and information on specific careers and employers for students who are still exploring the options for their studies at SMU.

They also provide resume, cover letter and interviewing workshops, access to career and job fairs, as well as opportunities to meet and network with SMU alumni and listings for full-/part-time employment and summer jobs.

The Internship and Field Exploration Programs at SMU provide students an opportunity to participate in carefully designed work experiences to explore personal aptitudes, abilities, and interests in relation to their career choice. These experiences offer a new forum for applying theories and concepts learned in the classroom as well as professional and personal development. ■



# Admission Timeline

A tool for juniors & seniors considering SMU

You're already off to a great start on your college search:

## JUNIOR YEAR

### October to December

- Visit colleges during fall break.
- Attend local college nights, where many colleges come together to meet informally with students.
- Meet with college representatives when they visit your high school.
- Use the college search engine at [www.collegeboard.com](http://www.collegeboard.com)

### January to March

- Register to take standardized tests like the ACT or SAT. Have results sent to SMU using these codes:
- ACT: 2148 & SAT: 6632
- Meet with your college counselor to draft a prospective college list.
- Investigate schools on your prospective college list.
- Visit prospective colleges over spring break, if possible.

### April / May to early June

- Create a resume for yourself so when you begin to apply to colleges, you will remember your activities and honors.
- Take AP Exams.
- Work hard to make your junior-year grades as good as possible!

### Mid-June to Mid-August

- Continue to research schools on your prospective college list.
- Remember Minnesota Private College Week – the last week of June!
- Visit prospective schools over the summer, if possible.
- Read college literature and guide books and visit college websites.
- Call, write or email to get on mailing lists for all of your prospective schools.
- Begin working on an essay if your prospective colleges require one.
- Fill out a sample application form to become familiar with the process and collect all the information you will typically need.

## SENIOR YEAR

### Mid-August to September

- Meet with your college counselor to finalize your college application list.
- Re-register to take the ACT, SAT I and/or SAT II, if needed.
- Work on college application essays.
- Decide which teachers you'll ask to write recommendation letters, if needed.

### October

- Watch for Saint Mary's first Group Overnight Visit!
- If you haven't visited already, do so during Minnesota Education Days (formerly MEA).
- Give your college counselor his/her portion of an application at least two weeks before its due date.
- Confirm plans for your teacher recommendation.

### November

- Submit your application if you haven't already done so, and don't forget that it's free to apply online at [www.smumn.edu/apply](http://www.smumn.edu/apply)!
- Watch for Saint Mary's second Group Overnight Visit.
- Sign up for one of our coveted Chicago interview slots.

### December

- Start looking at SMU's Merit-Based Scholarships, getting additional letters of recommendation, essays and other material needed together. ►

The Fountain City Motel is located on scenic Highway 35, internationally recognized as "The Great River Road" (voted one of the ten most scenic drives in America).

**10 MINUTES FROM WINONA!**

810 S Main St - Fountain City, WI  
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[www.fountaincitymotel.com](http://www.fountaincitymotel.com)

**January**

- Come to our Martin Luther King Jr. Open House and Overnight
- Join us at our annual Twin Cities Reception
- Have your parents take part in a lunch-hour Financial Aid Chat online.

**February**

- Saint Mary's scholarship applications are due on the 15th!
- If you haven't already, schedule your auditions for our Music and Theatre Scholarships.
- Watch for our third Group Overnight Visit.
- Come to the Chicago Reception if you live in the area.

**March**

- FAFSA Priority Deadline – March 15th! SMU's FAFSA code is 002380.
- Watch for our fourth and last Group Overnight Visit.
- Save your spot for one of our coveted Twin Cities interview slots.

**April**

- Talk or meet with your Admissions Counselor to review your Financial Aid Award.

**May**

- Saint Mary's Confirmation Deadline is May 1st!
- Select a day for New Student Orientation in June.
- Line up your summer job.
- Get ready to graduate!

**June**

- Attend one of our three New Student Orientation Sessions

**July**

- Make certain all final transcripts – both high school as well as college (CIS, PSEO), including AP scores – have been sent to our Registrar's Office.

**August**

- Move onto campus and into your new home at Saint Mary's! ■

**2010-2011**

# Academic Calendar

<b>AUG</b>	25	University Convocation Day
	26	College Workshops, Faculty/Staff Picnic
	28	New students arrive
	30	Semester I classes begin
<b>SEP</b>	2	College Convocation Mass of the Holy Spirit
	6	Labor Day - no classes
<b>OCT</b>	1	Family Weekend (Oct. 1-3)
	15	Mid-term
	16	Autumn Recess (Oct. 16-19)
<b>NOV</b>	20	Classes resume
	24	Thanksgiving Recess (Nov. 24-29)
	30	Classes resume
<b>DEC</b>	8	Feast of Immaculate Conception/Patronal Feast Mass 12:10
	16	Study Day
	17	Final Examinations (Dec. 17-18, 20-21)
	22	Christmas Recess (Dec. 22-Jan. 16)
<b>JAN</b>	17	Semester II classes begin

<b>MAR</b>	2	Founder's Day
	4	Mid-term
	5	Spring Recess (Mar. 5-13)
<b>APR</b>	14	Classes resume
	21	Easter Recess (Apr. 21-25)
	26	Classes resume
<b>MAY</b>	5	Study Day
	6	Final Examinations (May 6-7, 9-10)
	14	Commencement
		<ul style="list-style-type: none"> <li>• Undergraduate 11:00</li> <li>• Graduate &amp; Professional Programs 4:00</li> </ul>

**COME STAY WITH US!**



**60 Riverview Drive**  
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(507) 457-0249 - (877) 946-6622  
www.americinnmn.net

The AmericInn is a 42-room motel located on the Mississippi River near downtown Winona. Choose from a wide variety of room types including two queen beds, one king bed, whirlpool suites, river views with balcony and our two-story lighthouse suite. The view from the second story balcony is beautiful!

*Complimentary breakfast with fresh Bloodows Bakery and hot waffles - Free high speed internet - Indoor pool, hot-tub and sauna Close to restaurants, shopping and cultural activities - Cement block construction ensures a quiet stay - Newly remodeled lobby*



**1025 Sugar Loaf Road**  
Winona, MN 55987  
(507) 454-6066 - (866) 642-4667  
www.nicholsinn.com

The Nichols Inn is a 60-room motel located at the base of the beautiful Sugar Loaf Bluff at the intersection of HWYs 61 & 43. Our guest rooms include your choice of a single queen bed, two queen beds or one king bed. Enjoy the best value in lodging in Winona!

*Complimentary breakfast with fresh Bloodows Bakery and hot waffles Free high speed internet - Clean, well-appointed rooms - Friendly, helpful staff - Close to restaurants, shopping and cultural activities Recreational activities nearby*

Enjoy our many local wines in our Fountain City tasting room.

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**(866) 946-3741 or (608) 687-9463**  
**www.sevenhawksvineyards.com**

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# Contact Information

## OFFICE OF ADMISSION

(507) 457-1700

(800) 635-5987, Ext. 1700

[admission@smumn.edu](mailto:admission@smumn.edu)

[www.smumn.edu/admission](http://www.smumn.edu/admission)

## OFFICE OF STUDENT LIFE

(507) 457-1640

[studentlife@smumn.edu](mailto:studentlife@smumn.edu)

[www.smumn.edu/studentlife](http://www.smumn.edu/studentlife)

## OFFICE OF RESIDENCE LIFE

(507) 457-1409

[reslife@smumn.edu](mailto:reslife@smumn.edu)

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## OFFICE OF CAMPUS SAFETY

(507) 457-1703

[campussafety@smumn.edu](mailto:campussafety@smumn.edu)

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## ACADEMIC SKILLS CENTER / DISABILITY SERVICES

(507) 457-1414

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## WELLNESS CENTER

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[www.smumn.edu/wellness](http://www.smumn.edu/wellness)

## CHARTWELLS FOOD SERVICE

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with parents at: [www.smumn.edu/parents](http://www.smumn.edu/parents)

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