

UNIVERSITY PARENT  
**GUIDE**



**2011  
2012**

**Hamline University**

---

CAMPUS RESOURCES – LOCAL INSIGHT – HELPFUL INFORMATION



# UNIVERSITY PARENT CONNECTION

**University Parent Media**  
3800 Arapahoe Avenue, Suite 210  
Boulder, CO 80303  
Phone: (866) 721-1357  
Email: ask@universityparent.com

**PUBLISHER**  
**Sarah Schupp**

**VP OF OPERATIONS**  
**Jon Saints**

**SALES REPRESENTATIVES**  
**Allison Black**  
**Rebecca Boozan**  
**Daniel Condon**  
**Scott Griesser**  
**Sharon Haddad**  
**Kelsey Hudspeth**  
**Jon Hydeman**  
**Mimi Olin**  
**Emily Rayes**  
**AJ Virostek**

**PRODUCTION DEPARTMENT**  
**Grace Cassara**  
**Mike Gooley**  
**Eric Hosmer**  
**Lee Riley**  
**Meg Steinborn**

**OFFICE MANAGER**  
**Linsey Straugh**

**DESIGNER**  
**Jo Scoville**

**FOLLOW US ON:**

 [facebook.com/collegeparents](https://facebook.com/collegeparents)

 [twitter.com/4collegeparents](https://twitter.com/4collegeparents)



The presence of Hamline University logos and marks in this Guide does not mean the school endorses the products or services offered by advertisers in this Guide.

Advertising Inquiries:  
(866) 721-1357  
[ads@universityparent.com](mailto:ads@universityparent.com)

©2011 University Parent Magazines, Inc.



# contents



## 4 | Hamline University Guide

Comprehensive advice, information for campus success

- 4 | About Hamline
- 7 | Student Financial Services
- 8 | Academics at Hamline University
- 10 | Student Life & Services
- 16 | Campus Policies
- 18 | Parent Network & Family Weekend
- 19 | Questions for Parents
- 22 | Making the Transition to College: The W-Curve

## 24 | St. Paul Community

Make the most of your visit by getting to know the area

- 24 | Welcome to St. Paul, Minnesota's Capitol City!

## 26 | Resources

Must-have knowledge to navigate your way

- 26 | Hamline University Campus Map
- 28 | Calendar of Events
- 30 | Helpful Contacts
- 31 | Proud Supporters of Hamline



**Hamline University**  
**Dean of Students Office**  
**(651) 523-2421**  
[www.hamline.edu/parents](http://www.hamline.edu/parents)

### About Our Guides

University Parent Media works closely with institutions around the country to bring together the most relevant, timely information into one all-inclusive resource.

We have published this guide with the mission of helping you easily navigate the university and its surrounding community. Ultimately, we hope these resources help nurture your connection and involvement in your student's college years!

### Make the Most of Your Parent Guide

- Hang on to your Guide! Inside you'll find information that's useful all-year long, including important phone numbers, web sites and calendars.
- Store your copy in a purse or glove compartment for convenient reference.
- Pass it along to parents of prospective college students to promote the school.
- Please recycle when finished!
- Discover more content, tips and local business information by visiting us online at: [www.universityparent.com/hamline](http://www.universityparent.com/hamline)



## About Hamline

Creative and innovative teaching and learning attract a diverse student body of nearly 5,000 undergraduate and graduate students to Hamline University. Challenged to create and apply knowledge in local and global contexts, Hamline students develop an individual and community ethic of social justice, civic responsibility, and inclusive leadership and service.

Hamline University is the top-ranked university in Minnesota in its class according to *U.S. News & World Report*, and the only Minnesota school in its class to be considered a “great school at a great price.” Founded in 1854, Hamline is also Minnesota’s first university, and among the first co-educational institutions in the nation.

Hamline is affiliated with the United Methodist Church and offers courses and degree programs in Saint Paul and Minneapolis.

### College of Liberal Arts at a glance

- Degrees offered: Bachelor of Arts in 50 major areas of study. Post-baccalaureate and certificate programs are also available.
- Ranked ninth out of 142 Midwest comprehensive universities by U.S. News & World Report.
- Student-faculty ratio is 12:1.
- 95 percent of faculty members hold a Ph.D. or the highest degree in their field.

- Belongs to the NCAA Division III Minnesota Intercollegiate Athletic Conference and fields 19 teams for men and women.
- Enrollment: 1,992 degree-seeking students from 35 states and 57 countries.
- 20 percent of students came from the top 10 percent of their high school classes; 49 percent came from the top 25 percent.

**College of Liberal Arts**  
(800) 753-9753  
[cla-admis@hamline.edu](mailto:cla-admis@hamline.edu)

### School of Education at a glance

#### Degrees and licenses offered:

**Bachelor’s degrees:** within the College of Liberal Arts, BA/BS with Teaching Licensure (elementary, secondary, K-12)

**Master’s degrees:** Education, Teaching, ESL, Literacy Education

**Administrative Licensure:** Principal, Superintendent, Special Education Director

**Certificates:** Offered in thirteen areas

**Doctoral degree in:** Education

- The School of Education’s ESL program, the largest in Minnesota, is internationally recognized.
- Online programs and locations at Minneapolis Center and across Minnesota offer students convenience and flexible scheduling.
- Home to nationally recognized centers and programs, including the Center for Global Environment Education, the Center for Second Language Teaching and Learning, the Center for Excellence in Urban Teaching, and the Center for Literacy and Learning.
- Enrollment: 1,456 licensure, continuing studies, or degree-seeking students (Fall 2010).

**School of Education**  
(651) 523-2600  
(800) 753-9753  
[education@hamline.edu](mailto:education@hamline.edu)

### School of Business at a glance

#### Degrees offered:

**Bachelor’s degrees in:** Economics or Business Administration with concentrations in Accounting, Finance, General Business, International Business, Management, and Marketing.

**Graduate degrees offered:** Master of Business Administration (MBA), Master in Nonprofit Management (MNM), Master in Public Administration (MPA), and Doctorate in Public Administration.

**Three dual Master’s degrees:** (MBA/MNM, MBA/MPA, MPA/MNM). Three JD-Master’s programs also offered with the Hamline University School of Law.

Master’s programs are offered in Saint Paul and at Hamline University Minneapolis, located at Interstate 394 & Highway 100.

- Continuing studies programming such as the Hamline Dialogues bring students, alumni, and the professional community together to discuss current topics. Certificates and institutes offer continuing education for professionals in business, government, and nonprofit organizations.
- Diversity of students, including a significant international student body, provides a distinctive learning atmosphere in which cross-cultural, as well as cross-sector, exchanges occur.
- **Enrollment:** 545 degree-seeking students (Fall 2008).

**School of Business**  
(651) 523-2900  
(800) 753-9753  
[hsb@hamline.edu](mailto:hsb@hamline.edu)



## dining services

Helping Students Thrive



- ♦ Meeting Diet Needs of a Diverse Population
- ♦ Programming Around Special Events and Food Socialization
  - ♦ Providing Work Opportunities and Professional Growth
- ♦ Committed to Sustainability and Earth Friendly Initiatives



Committed to Sustainability

[www.campusdish.com/en-us/CSMW/Hamline](http://www.campusdish.com/en-us/CSMW/Hamline)



### Rooms with desks (and beds)

As a student, it's likely your idea of a good place to rest differs from your family's. That's why many of Roseville's hotels offer rooms that meet both your needs. And, since we're just minutes from the Hamline University and downtown Minneapolis and St. Paul, we're perfectly positioned for your family's next visit.



(877) 980-3002  
[www.visitroseville.com](http://www.visitroseville.com)



## Student Financial Services

### The Office of Financial Aid

*Located in the East Hall Room 113E*

Office hours are Monday through Friday, 9 a.m. to 6 p.m.

### Student Administrative Services

*Located in East Hall*

SAS provides administrative support through the offices of Student Accounts, Financial Aid, and Registration and Records. Students can find the following services at SAS:

- Counsel, advise, investigate, problem-solve, and resolve questions and issues regarding registration, financial aid, student accounts, billing, and payments
- Process verification of student status/registration
- Process course registration, including adding/dropping courses
- Process loan deferment requests
- Process transcript requests
- Prepare fee statements (e.g. taxes, employees)
- Certify veterans' benefits ■



# Academics at Hamline University

## The Hamline Plan

Every student must fulfill the academic requirements of the Hamline Plan in order to graduate. Rather than defining a set number of courses, the Hamline Plan sets out 14 areas that must be fulfilled by graduation time. All departments offer Hamline Plan courses, and many courses fulfill more than one requirement.

### The goals of the Hamline Plan are for the student to capably:

- ▶ Understand the Liberal Arts tradition
- ▶ Communicate effectively in writing
- ▶ Communicate effectively in speaking
- ▶ Use computers as tools
- ▶ Reason logically
- ▶ Understand the various disciplines and how they interact
- ▶ Become aware of cultural, gender, minority, and age issues
- ▶ Work independently
- ▶ Understand the world of work, and
- ▶ Display depth of knowledge in one area

## The Center for Academic Services

CAS' purpose is to enrich students' academic lives by offering accurate and timely academic advising, writing center and tutoring consultations, and academic skills assistance. They seek to empower students to make effective educational choices based on their multidimensional and diverse life and vocational goals.

### Goals

- ▶ To help students make the most of their academic careers to gain a well-rounded liberal arts education
- ▶ To help reinforce students' self-direction and decision-making skills
- ▶ To help students develop educational plans and to clarify career and life goals
- ▶ To help under-prepared students gain the skills needed to succeed in college
- ▶ To help high-achieving students identify resources and opportunities to excel
- ▶ To support faculty advisors in addressing students' multidimensional needs

The Center for Academic Services is located in the lower level of the Bush Memorial Library. Hours are Monday through Friday, from 8 a.m. to 5 p.m.



## The Writing Center

Hamline University's Writing Center can help any student tackle a wide variety of questions, problems, or tasks. We have several consultants available to help students work through the process of creating top-quality assignments. Writing consultants function as writing "coaches" who guide writers. In meetings, the consultant will ask students questions that will move them toward fuller control of their own writing.



## Tutoring Services

### The Tutoring Program

The Tutoring Program matches Hamline students who feel underprepared for a certain course, or simply want to ensure they do their very best, with students who have excelled in that course. We are able to provide tutors for many subjects offered at Hamline, and there is no cost to students for the service.

### The Tutors

Tutors are Hamline students who have been recommended by faculty for their aptitude for the subject and personal characteristics. They participate in regular training activities to learn how to provide well-informed, efficient service to students.

Tutors are attracted to the position because of their love for the subject and enjoyment of sharing their knowledge with others. They also share the methods that have helped them succeed academically: careful reading, thorough note-taking, disciplined attention in lectures, and many subject-specific skills. ■



## Student Life & Services

### Career Development Center

The Career Development Center (CDC) assists students and alumni as they explore, prepare for, and make successful transitions to life after Hamline. The CDC empowers individuals to take an active role in finding and pursuing their personal and professional passions.

#### Our signature programs include:

- Bridges Scholars
- Internships
- Practice Interview Program
- Individual and Group Counseling
- On-Campus Recruiting
- MN Private Colleges Job and Internship Fair
- Education Job Fair

### Commuter Connections

Commuter Connections offers commuter students a place to feel at home when students are on campus. Located in the HUB (basement of the Bush Student Center), Commuter Connections has couches, a big screen television, refrigerator and microwaves for all commuter students' needs. The Commuter Connections staff is also on hand to answer questions and help student make connections with offices, departments and other students.

## Counseling and Health Services

### Counseling

Counseling is available for both individuals and couples. (Group counseling is also available when there are sufficient numbers of students interested in a particular topic.) The counseling staff can help students with a variety of different issues. Examples include: depression, anxiety, relationship problems, stress management, identity development, self-esteem, body image, grief/loss and family concerns. If a student requires more specialized or intensive support, the counseling staff can help identify skilled mental health providers in the surrounding area. Counseling is a free service provided to Hamline students.

### Health Services

Health Services provides health evaluations, assessments, recommendations and referrals. Nurses are available for the treatment and prevention of many health concerns including: cold and flu, eye infection, menstrual cramps, headaches, muscle tension, sprains and strains. Tests are available at Health Services for strep throat, pregnancy, hematocrit, urinalysis, blood pressure, vision screening and TB skin tests. Students can receive immunizations (Tetanus, Hepatitis A and B, Meningitis and HPV) as well as borrow equipment (crutches, heating pads, humidifiers and wheelchairs). Emergency Contraception is available through a nursing appointment. Referrals are made as needed.

### Dean of Students Office

It is the goal of the Dean of Students Office and staff to enhance student life within the Hamline University community by providing excellent services and programs. The Dean of Students Office serves as the major administrative contact and advocates for students in both graduate and undergraduate programs. Their charge is to work directly with students to provide services ►

and programs that enhance student life and the Hamline community.

- General assistance to students who have concerns and/or questions;
- Point of contact for students who want to talk about issues of harassment, discrimination, and sexual misconduct;
- Formulate and review policies directly related to students;
- Emergency loans to undergraduate students;
- Production of campus publications specific to student needs and services, such as the Student Handbook and the Student Planner;
- Oversight of food services and the bookstore;
- Work as administrative contact for Parents Council and as point of contact for parents' questions and concerns.

### Dining Services

Hamline campus dining is a large part of your college experience. Dining Service's goal is to make the students' dining experiences the best it can be by providing good, nutritious food in a relaxed atmosphere.

### Disability Services

Hamline University and Disability Services is committed to ensuring all qualified students equal access to academic and extracurricular activities. Disability Services encourages students with disabilities to maximize their educational potential and to develop independence and self-advocacy skills to the fullest extent possible within the standard university curriculum.

### Office of the Ombudsman

The Ombudsman is a confidential, neutral and informal resource to whom students, faculty and staff can bring any university-related question, concern, or



conflict. The Ombuds is an alternative to existing university problem-solving services and can help to surface concerns, resolve disputes, manage conflict, and educate individuals in more productive ways of communicating. The Ombudsman can function in a number of ways: as an impartial listener, as a resource for assistance, as a confidential advisor, as a facilitator of discussions or meetings and as an informal mediator or negotiator. Communications with the Ombudsman are entirely confidential, except in the case of imminent risk of serious harm. This confidentiality allows visitors to explore options and generate possible avenues for resolution without involving formal channels.

### Orientation and First Year Programs

The Office of Orientation and First Year Programs (OFYP) coordinates and implements transitional programming for all first-year students. Piper Preview, Hamline's summer orientation program, helps first-year students and their families get a "sneak peek" at what life at Hamline is like, as well as be advised and register for fall classes. Piper Passages,

Hamline's fall orientation program, helps students transition through academic preparation, social integration and understanding what it means to be a Piper. The Office of OFYP offers students on-going transitional programming to help first-year students become comfortable and connected to campus.

### Anna Arnold Hedgeman Center for Student Diversity Initiatives and Programs

"Supporting, Strengthening, and Empowering Our Community."

The Hedgeman Center for Student Diversity Initiatives and Programs helps create and sustain an inclusive community that appreciates, celebrates and advances student and campus diversity at Hamline University. We support, empower, and promote the success of all students with particular attention to U.S. students of color, queer students and others from historically marginalized backgrounds. Staff members and initiatives help create a campus community where the needs of students from diverse racial, ethnic, cultural backgrounds and identities are addressed by offering pre-orientation sessions, workshops, advising, mentoring, and support for culturally-specific student organizations and programs. In partnership with other university and community members, our services, initiatives and programs help prepare students to live, serve and succeed in a diverse university and world.

### International and Off Campus Program Office

The International and Off Campus Programs Office is dedicated to supporting, empowering and promoting the success of international students. Our office assists with all international student visa processes, the coordination of international orientation, ▶



activities, trips, and the advising of both the Hamline International Graduate Student Association (HIGSA) and the International Student Organization (ISO). One very important function of the International and Off Campus Program Office is to assist international students and scholars in maintaining their nonimmigrant status and being responsible for developing and



implementing activities that assist international students in acclimating to Hamline and the United States.

#### Study Abroad

Hamline University is dedicated to preparing compassionate citizens of the world by helping students maximize their intellectual, creative and leadership potential. To that end, Hamline is preparing a new generation of internationalists and leaders who will bridge the differences between people and nations in an effort to build a more peaceful and sustainable world. One of the unique aspects of Hamline University's International and Off-Campus Programs is the emphasis on providing all students with program opportunities that fit individual needs. We are dedicated to offering students quality programs that address their academic, professional and personal goals.

#### Residential Life

Residential Life at Hamline University provides opportunities for personal growth and development that enhance a student's educational experience. The Office of Residential Life supports residential communities that facilitate a successful transition to college life, provide leadership opportunities for residents, and encourages involvement in the direction and goals of the living environment. The residential program provides a connection to campus life, enhances academic achievement, and fosters individual responsibility for actions while recognizing individual interests, multiculturalism, ambitions, values, and abilities.

#### Retention and Transfer Student Services

The Office of Retention and Transfer Student Services helps transfer students transition to Hamline through a variety of orientation programs, advising lunches and connections with the New Student Mentors for Transfer Students. If transfer students have questions, concerns or issues that need to be addressed, the Office of Retention and Transfer Student Services is the place to go for assistance.

#### Safety and Security

Hamline University Safety and Security Services provides 24 hour a day service for the Hamline University Community. These services include emergency response, investigation, patrol, safety escorts, parking management/enforcement, jump starts, and assistance in a variety of problem-solving activities such as: Hamline University ID creation, key replacement and generation, access requests, and lost and found.

Safety and Security Services works to provide prompt, courteous, professional service that contributes to the mission of the university, while respecting the uniqueness of each person, case, and situation. The Office of Safety and Security strives to be a place where students, faculty, and staff feel comfortable and supported when they have security or safety related problems, needs, and concerns.

#### Student Leadership and Activities

The Student Leadership and Activities Office serves as a resource and support system for all student organizations at Hamline University. The office advises student government, assists with weekend programming activities, provides leadership development programs and workshops, coordinates and assists in a variety of social, cultural and educational programs and events, and recognizes outstanding student leaders. The Student Leadership and Activities Office also manages the student center front desk.

#### The Wesley Center for Spirituality, Service and Social Justice

"To connect the pursuit of the common good with growth of the whole person, through compassionate action and courageous reflection."

The Wesley Center brings together the Hancock-Hamline Collaboration, the McVay Youth Partnership, the Office of Service-Learning and Civic Engagement, the Religious and Spiritual Life Office, Volunteer Services, and the Wesley Scholars. Our programs promote compassion, service, inclusiveness, civic involvement, personal and spiritual wholeness, and social justice on campus and in the wider community. ■



**UNIVERSITY  
COMMONS**  
- MINNESOTA -

609 Huron Blvd. SE  
Minneapolis, MN 55414  
612-623-3225  
www.ucmn.com

**student housing**  
*redefined*



shared bedrooms  
FREE tanning  
fitness center  
all-inclusive living  
walking distance to campus  
the BEST in off-campus living  
video game center  
FREE cable with HBO included

text "housing"  
to 47464  
for information

under care management  
Jupiter Communities  
www.jupitercommunities.com

On-site professional management  
and maintenance teams




# Campus Policies



## FERPA

The Family Educational Rights and Privacy Act of 1974 as amended, was designated to protect the privacy of education records, and to provide guidelines for the correction of inaccurate or misleading data through informal and formal hearings. Hamline University intends to comply fully with the Act. Students who have questions or wish to take action with respect to any of the FERPA statements below should do so with the Registrar's Office.

## Student Judicial System

The University is committed to fostering an educational environment based upon

mutual respect. Such respect promotes a community in which all students feel free to pursue their education and extracurricular activities. Students are encouraged to respect the person and property of others and to listen and learn from differences rather than dismiss them.

Having voluntarily enrolled at Hamline University, all students agree to abide by the rules and regulations set forth in the Judicial Code. Each student is responsible for conforming his/her conduct to this code and all applicable federal, state and local laws.

Hamline University considers its Judicial Code as a statement of minimal expectations and seeks to foster a commitment to the highest standards of ethical behavior. The university views its judicial processes as a learning experience that is intended to result in the growth and understanding of individual responsibility on the part of all parties.

## Honor Code

Every member of the Hamline University community—students, faculty, administrators, and staff—is responsible for upholding the highest standards of academic integrity at all times. The assumption that academic work is an honest reflection of one's knowledge and skills is fundamental to the integrity of Hamline University and to the value of a Hamline diploma. If students at an institution of higher education develop a reputation for receiving grades based on honest work, GPAs and academic degrees held by all students from that institution are valued more highly. The faculty subscribe to standards of academic honesty in their research and teaching. Every person in the University is responsible for adhering to the

principles of the Academic Honor Code.

Academic dishonesty includes any act that has the effect, or intention, of giving one student an unfair advantage over others in the completion or evaluation of academic work and/or inaccurately representing one's academic work.

## Alcohol Policy

Hamline University's alcohol policy establishes an atmosphere of accountability and places upon those who use alcohol the responsibility to do so in an orderly manner consistent with both state and local laws and reasonable regulations by the University. The policy and procedures are consistent with all state and local laws, in particular, those regarding legal age and alcohol.

The University shall also offer educational programs on the uses, abuses and effects of alcohol and other drugs.

The regulations and procedures apply to any event sponsored, funded, or hosted by any Hamline University organization or department on and off Hamline University property. ■





**Cathedral Hill Bed and Breakfast**  
WHERE COMFORT MEETS ELEGANCE

We are located in a quiet residential, walking neighborhood in the Historic Preservation District.  
We are minutes from Hamline University.

488 Holly Avenue - Saint Paul, MN  
www.bbonthehill.com  
651.998.9882





## Parent Network & Family Weekend

### Parent Network

The Parent Network is a representative group of the Parents Association and acts as a liaison between the University and the parents. The Parent Network meets 2 times each semester and offers programs for parents to learn about campus life and student issues. The year concludes with a President's Reception.

The Network promotes interest and knowledge in both the academic and co-curricular facets of Hamline University. Programs have included Study Abroad, Campus Life, Faculty views on grades, and anything parents need to know about Hamline University and the services and programs offered to students.

### Parent & Family Weekend: November 11 – 13, 2011

Parent & Family Weekend is held annually in the fall to provide activities that will give parents, families and friends a sampling of Hamline's academic, cultural and athletic activities. Events take place from Friday afternoon until Sunday morning. It is a wonderful opportunity for families and friends to visit with their students and celebrate their accomplishments. ■

## Questions for Parents

### Communication

- How will you keep in touch with your student?
- What are your expectations?
- Have you made these expectations explicit?
- Do you anticipate changes in these expectations over time?

Parents serve as anchors to disperse news from home. Whether or not your student writes back regularly, e-mail from home is often read and reread. Students' own identities feel shaky in the constantly changing external and internal worlds in which they operate. Recognition and acceptance from home can restore a sense of continuity and self-worth. You should remember that young adults often call parents when they are "down" and call friends when they are "up." Therefore, parents may receive a skewed view of the psychological well-being of their student.

Your role in the relationship is changing, but the relationship is still one of lifelong connection. Establish a supportive, firm role of adviser.

### Academics

- What is your philosophy about learning? How do grades fit in?
- Is it important to you that your student is excited about what she or he is learning?
- How often do you find yourself mentioning your student's academic successes in casual conversations with friends?
- How much is your student's success part of your identity?

Parents may be accustomed to saying, "Just do the best you can" — assuming that this will result in outstanding grades. Parents may not realize they have uncommonly high expectations about academic performance until their student hits an unexpected academic snag. Students also have very high expectations of themselves and are very tuned into parents' reaction to grades.

Remember, most students change their minds about majors three or four times during their college career. Matching interests and abilities to reality is an arduous process. Talking about becoming a doctor since age 12 is not the same as becoming one!

### Values

- What have you communicated to your student about alcohol, drugs, and sexual conduct?
- How will you handle it when you find evidence that experimentation in these areas is occurring?
- What kind of example are you setting by the choices you have made?
- How will you handle challenging discussions regarding your lifestyle and beliefs?
- How will you understand changes in your student over time?
- Do you have a conceptual understanding of cognitive and moral development?

When it comes to values, many parents think that their example speaks for itself and communicating honestly and directly about their own experiences and concerns is redundant. However, ►

students do care what their parents think. These discussions serve as a grounding to refer back to when faced with difficult choices at school.

It is important to regard these conversations as “teachable moments.” Staying calm and expressing concern may open a complex discussion where you can be a real resource. Viewing yourself as a mentor and a model at these moments will guide difficult discussions.

### Finances

- Have you been straightforward about financial realities?
- Are you aware of sending mixed messages about money?
- Do you have an estimation of true living expenses at Hamline?
- How do you feel about credit cards and bank accounts?

College-bound students enjoying newfound social and psychological independence may paradoxically experience an increase in financial dependence. Students accustomed to having a part-time job, access to a car at home, their own room, etc., may encounter a new and/or confusing financial dependency during the college years. Although conscious of the need to give their students space to make choices and mistakes as autonomy is developed,

parents often send mixed messages about finances. College represents a tremendous financial investment. In other areas of life, control of an investment of this magnitude would be considered crucial. Some parents are tempted to exert intrusive controls that actually impede developing autonomy.

A system that allows your son or daughter room for financial choices and responsibility is important. Consider the following steps:

- Keep track of your student’s daily expenses for two months in order to analyze how money is spent.
- Establish one lump sum payment at the beginning of the semester so that your student gains experience in budgeting.
- Be explicit about what you will provide money for and what is expected to be provided by your son or daughter.
- Have your student open and maintain a checking account.
- Establish clear guidelines for the use of any credit cards.
- Never use money as a bribe or threat.

Note for parents interested in further reading: The preceding section was adapted from Letting Go: A Parent’s Guide to Understanding the College Years by K. Coburn and M. Treeger (Quill, 2000). ■

**Scan here for a special offer.**



**Bank where you belong.**

Free Checking, Credit Cards, Car Loans, Student Loans, 24/7 access and much more.

Visit us online at [www.TopLinecu.com](http://www.TopLinecu.com) or stop by our Como Park branch on the corner of Energy Park Drive and Lexington Parkway at **976 North Lexington Parkway.**

[www.TopLinecu.com](http://www.TopLinecu.com) | [Ask@TopLinecu.com](mailto:Ask@TopLinecu.com) | 763-391-9494

Delivering personal service you can bank on.



NCUA  ©2011 TopLine Federal Credit Union. Federally Insured by NCUA.

**Welcome Hamline University students!**  
Buy select Dell PCs, get an Xbox 360® 4GB.\*

  
The power to do more

  
XBOX 360

Students only, get an Xbox 360® when you purchase select Dell PCs with Windows 7® for \$699.99 or more.\*




\*XBOX & \$699.99 system bundle offer only valid for actively enrolled high school, college, or university students or those purchasing on behalf of such students. Demonstration of eligibility is required and unverified orders may be canceled or rejected. No more than two bundles per household. Dell will only accept returns of the entire bundle. Abuse of student credentials will be investigated and may result in termination of the offer.

**NEW Dell™ Inspiron™ 14R**  
Enjoy a laptop that's light, mobile and ideal for your on-the-go lifestyle  
**\$699<sup>99</sup>**

- New 2nd gen Intel® Core™ i3 processor
- Genuine Windows® 7 Home Premium
- 4GB Memory\* 500GB\* Hard Drive

**SWITCH** by design studio  
Black SWITCH lid comes standard. Optional SWITCH by Design Studio lids starting at \$34.99

**Your student benefits:**

- Best price guarantee\* on Dell consumer PCs
- Up to 30% or more off select Dell consumer PCs
- 10% off Dell mobility products
- Free 3-5 day shipping on systems \$699 and above before taxes and fees\*

**Shop now** ▶ [dell.com/dellu](http://dell.com/dellu)

Student exclusive. Use your member ID to order: US3120758

Your PC, simplified. 

950 Jefferson Commons Circle | St Paul, MN 55114 | 651.644.8400

STUDENT TESTED.

PARENT APPROVED.

ALL INCLUSIVE STUDENT LIVING

[www.JeffersonAtBerry.com](http://www.JeffersonAtBerry.com)



JEFFERSON | 

at berry

GREYSTAR  All utilities included. Electric subject to cap. Amenities subject to change.

# Making the Transition to College: The W-Curve

The W-Curve is a predictable pattern of stages occurs when a person experiences culture shock. This is based upon research done with students studying abroad. Zeller and Mosier (1993) found that the W-Curve could also be applied to first-year college students and the phases they go through in adapting to a new culture.

It's normal to have the ups and downs of the W-Curve, and knowing about this may help make the transition easier. At the first signs of culture shock, some first-year

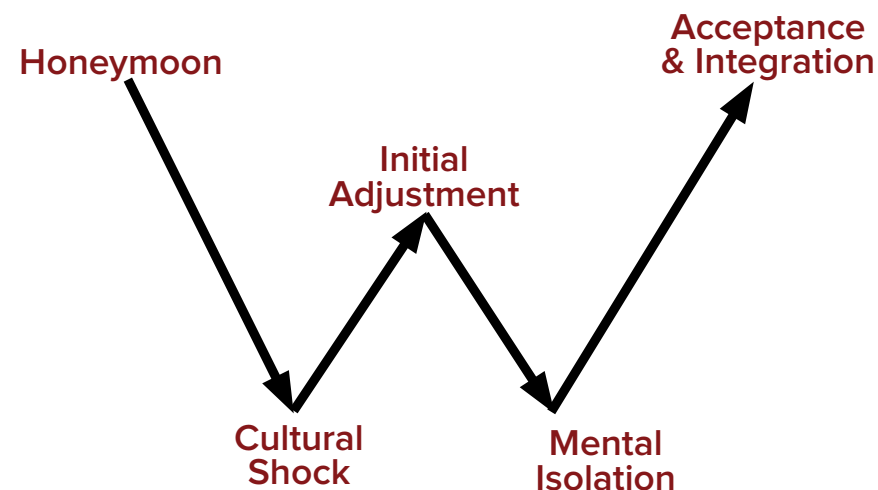
students may think this means they have made a mistake about going to college or that they have chosen the wrong school. If they see that this is just part of journey that everyone goes through, they may be better able to take it all in stride.

## Honeymoon

The Honeymoon starts before students first arrive on campus. It usually begins once a student has chosen and been accepted to a college and builds as students attend Orientation programs, get their housing assignments, and begin planning for school to start. Although they may also experience some nervousness, the overall feeling is generally one of excitement and positive anticipation. It is common for students to begin to have some feelings of homesickness mixed in with all of the fun and energy of a new beginning.

## Culture Shock

As the newness of the college culture begins to wear off, first-year students begin to deal with the reality of the many adjustments they are experiencing. In the Residence Halls students are adapting to having roommates, sharing a room, shared bathrooms, and lots of neighbors. Elsewhere on campus, they are growing accustomed to eating in a cafeteria, and the diversity that comes with meeting people from different backgrounds and cultures. The process of making new friends is fun, but can also be draining. On the academic side of college life, Zeller and Mosier argue, "the unfamiliar territory of the college classroom also creates dissonance. Large lecture classes, unclear guidelines for note taking and



studying, and unfamiliar or somewhat distant faculty may work together in producing potential adjustment difficulties for a student. Homesickness may increase and some students may try to deal with this by maintaining strong ties to their home community, often going home on weekends and staying in constant contact with friends from home, and possibly even continuing a romantic relationship. Developmental life cycle tasks are also continuing such as becoming self-sufficient, establishing identity, and accepting responsibility for their actions.

## Initial Adjustment

As initial adjustments are made, first-year students experience an upswing as they have successfully managed many of the issues that have come their way. Simply overcoming the culture shock stage brings about a sense of well-being. They fall into a routine as they gain confidence in their ability to handle the academic and social environment of college.

## Mental Isolation

This is a time of feeling caught between two worlds. The new college environment is still not as comfortable as home used to be, and home is now not as familiar as

it once was. Students may have a sense of not completely belonging in either place. With all of the activity occurring when first coming to college, students may not realize how much they miss home until they have been away for quite awhile. And even then, going home to visit can still leave them feeling homesick for a home environment that no longer seems to exist. It's shocking to find that changes have happened at home, too, and not having been in on these changes on a day-to-day basis can be upsetting.

## Acceptance & Integration

As students become more involved in campus opportunities, gain some history with new friends, get to know some faculty and staff members, they begin to feel a true connection to the campus community. They begin to have a more balanced and realistic view of the university, seeing and integrating the good experiences with the challenges. It may be shocking for a parent to hear their college son or daughter refer to college as "home." ■

Source: Journal of College and University Student Housing, Volume 23, No. 2, 1993. Culture Shock and The First-Year Experience by William J. Zeller and Robert Mosier





## Welcome to Saint Paul, Minnesota's Capitol City!



### Where Minnesota Adventure Begins...

Whether its rich historic charm, high-fiving with fans in “Hockeytown USA”, exploring the banks of the Mississippi River, or taking in a matinee theatre performance—you’ll find yourself adventure bound here in Saint Paul! European charm and casual, city atmosphere make Minnesota’s capital city a perfect setting for college students.

Dedicated to preserving its historic lineage, Saint Paul presents its guests and residents with unique, remarkable surroundings. With classics like Mickey’s Diner, Fort Snelling, and the Saint Paul Cathedral—the character of

Minnesota’s oldest “Twin” will take quite a while to explore.

Despite its traditional setting, the diversions of the big city are right at your fingertips! The first-class entertainment current is nearly as mighty as the Mississippi’s—including favorites such as the Science Museum of Minnesota, Ordway Center for the Performing Arts, and the Fitzgerald Theatre. With a plethora of restaurants and musical venues, the dining and entertainment opportunities in Saint Paul are as diverse as the flavors and sounds. You’re located in the heart of the Twin Cities—so bring your appetite and dress to impress!

Remember we’re not just the land of 10,000 lakes! For the outdoor enthusiast we have more than 1,000 parks, miles of trails for biking, hiking and jogging, the Mississippi riverbank, outdoor skating rinks, ski trails, and two zoos! Or embrace your inner shopoholic with the many unique boutiques and shops on Grand Avenue—or go big at the Mall of America.

Events and attractions are always going on in Saint Paul. The Xcel Energy Center has continuous big-name concerts and sporting events, and festivals fill our calendars year round. Catch the end of the great

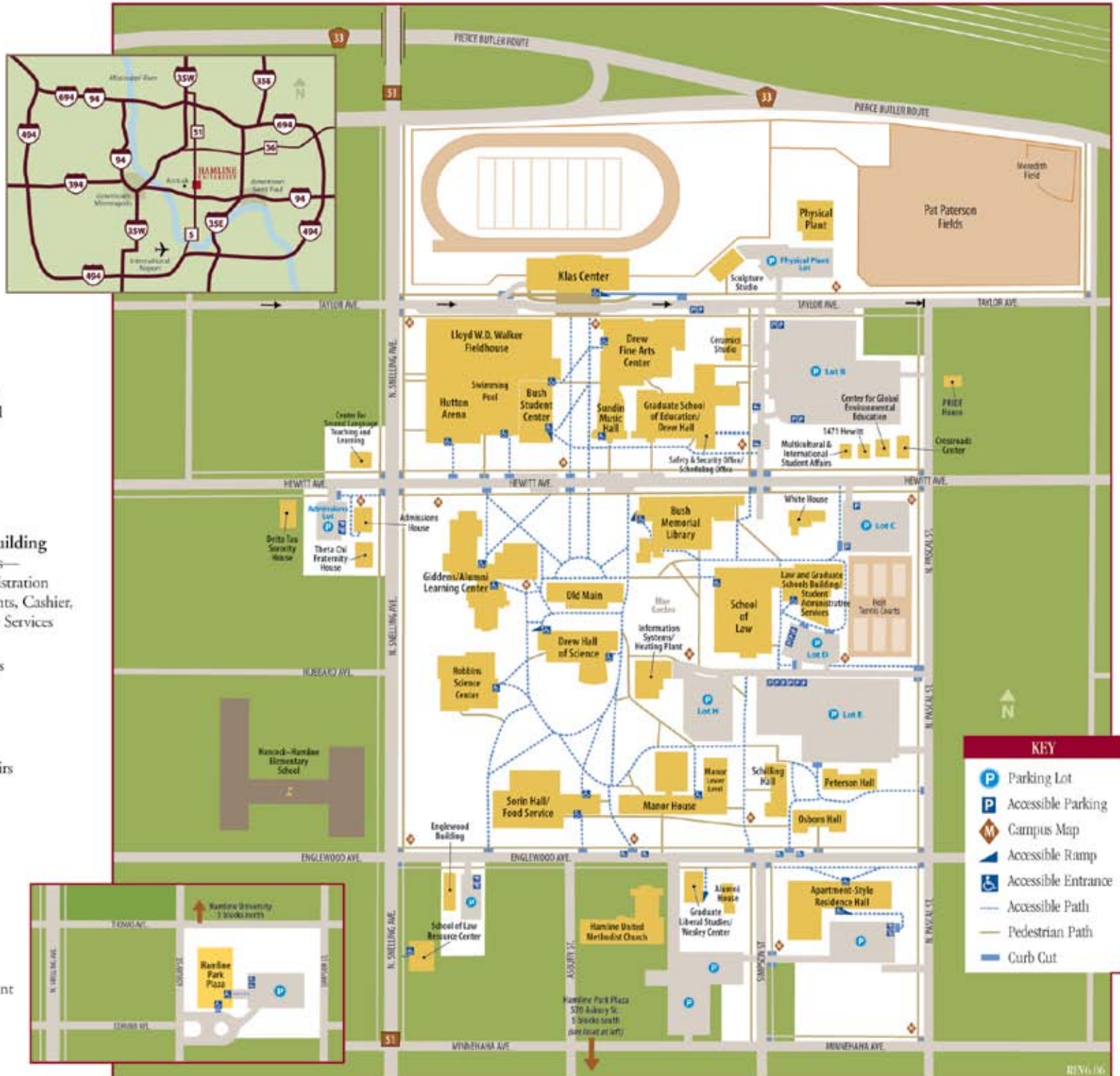
Minnesota get together (MN State Fair) in September, Art Crawls in October, the famous Winter Carnival, and celebrate Saint Patty’s Day like nowhere else in America!

The cultural offerings, recreational opportunities, vast urban green space and friendly buzz around town make Saint Paul hard to beat as a destination. You have the comforts and feel of small town charm, with the opportunities and amenities of the big city. There’s something for everybody here in Saint Paul. ■

**LET YOUR MINNESOTA  
ADVENTURE BEGIN!**

HAMLIN UNIVERSITY CAMPUS MAP

- Admissions House**  
CLA Development  
Undergraduate Admission
- Bush Memorial Library**  
Center for Academic Services  
CLA Dean's Office  
Computer Labs
- Bush Student Center**  
Bookstore  
Chapel  
HUB Snack Bar  
Post Office  
Student Activities
- Drew Fine Arts Center**  
Anne Simley Theatre  
Art Gallery
- Drew Hall**  
Graduate School of Education  
Nacel Open Door High School  
Residence Hall
- Drew Hall of Science**  
Career Development Center
- Klas Center**  
Klas Center Caf 
- Law and Graduate Schools Building**  
Student Administrative Services—  
including Financial Aid, Registration  
and Records, Student Accounts, Cashier,  
and Graduate Administrative Services
- Manor Lower Level Offices**  
Counseling and Health Services  
Residential Life
- Old Main**  
Academic Affairs  
Bridgman Hall  
Dean of Students/Student Affairs  
Finance Office  
Graduate Admission  
Human Resources  
Marketing Communications  
President's Office  
University Relations
- Hamline Park Plaza—**  
570 Asbury Street  
Center for Excellence in  
Urban Teaching  
Graduate School of Management



# Calendar of Events



## SEPTEMBER

4 – 6	Piper Passages (Fall Orientation)
7	Fall Semester Classes Begin
16 – 18	Alumni Weekend

## OCTOBER

16 – 22	Homecoming Weekend
28	Mid-term break

## NOVEMBER

11 – 13	Parent and Family Weekend
24 – 25	Thanksgiving Break

## WINTER BREAK

Dec 21 – Jan 2	Winter Break
----------------	--------------

## JANUARY

3 – 26	January Term
16	Marting Luther Kind, Jr. Day (no classes)

## FEBRUARY

1	Spring Semester Classes Begin
---	-------------------------------

## MARCH

19 – 23	Mid-term Break
---------	----------------

## APRIL

6	Good Friday (no classes)
---	--------------------------

## MAY

17	Last Day of Spring Semester
19	Commencement








**BANDANA SQUARE**

Centrally located Historic Hotel in St. Paul by Como Park. Closest hotel to Hamline University. Our 110 newly renovated rooms with a complimentary breakfast in the morning and free shuttle running M-F 7am-5pm will get your day started right as you visit Hamline. Make sure to ask for our Parent Guide rate (promo code: HPGR)

1010 Bandana Blvd. West - St. Paul, MN, 55108  
651.647.1637 - [www.bestwestern.com/bandanasquare](http://www.bestwestern.com/bandanasquare)




# Helpful Contacts

QUESTIONS ABOUT...	CONTACT	PHONE
Accommodations or disability-related topics	Disability Services	(651) 523-2521
Commuting to and from campus	Orientation & First Year Programs	(651) 523-2957
Dining plans, facilities or options	Dining Services	(651) 523-2453
Email accounts or computer labs	Computer Support Services	(651) 523-2220
Emotional needs or counseling	Counseling & Health Services	(651) 523-2204
Family Weekend	Student Leadership & Activities	(651) 523-2420
Health Insurance or on-campus medical needs	Counseling & Health Services	(651) 523-2204
International Student Services	International and Off Campus Programs	(651) 523-2245
Internships	Center for Career Development	(651) 523-2302
Involvement in intramurals	Intramurals	(651) 523-2950
Living on campus	Residential Life	(651) 523-2061
Multicultural or Diversity programming and advocacy	The Hedgeman Center for Student Diversity Initiatives and Programs	(651) 523-2423
Parking	Safety & Security	(651) 523-2100
Parent-related questions or Parent Network	Dean of Students	(651) 523-2421
Piper Preview or Piper Passages	Orientation & First Year Programs	(651) 523-2957
Playing a competitive sport	Athletics	(651) 523-2203
Registering for classes	Center for Academic Services	(651) 523-2912
Religious activities	Religious & Spiritual	(651) 523-2315
Scholarships, grants or loans	Financial Aid	(651) 523-3000
Student organizations or getting involved	Student Leadership & Activities	(651) 523-2420
Study Abroad	International and Off Campus Programs	(651) 523-2245
Text books or Hamline merchandise	Hamline University Bookstore	(651) 523-2207

QUESTIONS ABOUT...	CONTACT	PHONE
Transfer-related questions	Retention & Transfer Student Services	(651) 523-2835
Tuition bill or payments	Student Accounts	(651) 523-3000
Volunteering or service-related activities	Service Learning and Volunteerism	(651) 523-2483
Work study positions	Human Resources	(651) 523-2210

## PROUD SUPPORTERS

This Guide brought to you by these

# Proud Supporters of Hamline

### ACCOMMODATIONS

**Best Western Bandana Square**  
Please see ad on p. 29.

**Cathedral Hill Bed and Breakfast**  
Please see ad on p. 17.

**Radisson Hotel Roseville**  
Please see ad on p. 9.

**Roseville Visitors Association**  
Please see ad on p. 6.

### BANKING & FINANCIAL SERVICES

**TopLine Federal Credit Union**  
Please see ad on p. 20.

### DINING

**Hamline University Dining Services**  
Please see ad on p. 6.

### HOUSING

**Jefferson at Berry**  
Please see ad on p. 21.

**University Commons**  
Please see ad on p. 15.

### SHOPPING & SERVICES

**Dell**  
Please see ad on p. 21.

For advertising inquiries, please contact UPM Sales Consultant Emily Rayes at (866) 721-1357 or email: [ask@universityparent.com](mailto:ask@universityparent.com)

[www.universityparent.com/hamline](http://www.universityparent.com/hamline)

**UNIVERSITY  
PARENT**

**Brings You**

*the Online*



**Hamline**

**GUIDE**

This online resource for parents  
features the best places to

shop

eat

relax

stay

see

unwind

play

explore

visit

and more...

[www.universityparent.com/hamline](http://www.universityparent.com/hamline)

**Or find us with your mobile device!**

Simply download a QR scanner app to your  
mobile device and scan the QR code to the right!

