

UNIVERSITY PARENT
GUIDE



**2011
2012**

Lewis & Clark College

CAMPUS RESOURCES – LOCAL INSIGHT – HELPFUL INFORMATION

University Parent Media
3800 Arapahoe Avenue, Suite 210
Boulder, CO 80303
Phone: (866) 721-1357
Email: ask@universityparent.com

PUBLISHER
Sarah Schupp

VP OF OPERATIONS
Jon Saints

SALES REPRESENTATIVES
Allison Black
Rebecca Boozan
Daniel Condon
Scott Griesser
Sharon Haddad
Kelsey Hudspeth
Jon Hydeman
Mimi Olin
Emily Rayes
AJ Virostek

PRODUCTION DEPARTMENT
Grace Cassara
Mike Gooley
Eric Hosmer
Lee Riley
Meg Steinborn

OFFICE MANAGER
Linsey Straugh

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Advertising Inquiries:
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ads@universityparent.com

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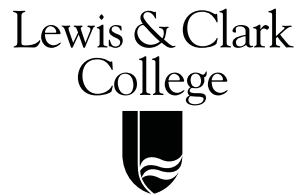
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Orientation/Parent Programs
Lewis & Clark College
Portland, OR 97219
(503) 768-7000
www.lclark.edu

About Our Guides

University Parent Media works closely with institutions around the country to bring together the most relevant, timely information into one all-inclusive resource.

We have published this guide with the mission of helping you easily navigate the university and its surrounding community. Ultimately, we hope these resources help nurture your connection and involvement in your student's college years!

Make the Most of Your Parent Guide

- Hang on to your Guide! Inside you'll find information that's useful all-year long, including important phone numbers, web sites and calendars.
- Store your copy in a purse or glove compartment for convenient reference.
- Pass it along to parents of prospective college students to promote the school.
- Please recycle when finished!
- Discover more content, tips and local business information by visiting us online at: www.universityparent.com/lclark



Welcome to Lewis & Clark

Dear Lewis & Clark Families,

On behalf of all the educators at Lewis & Clark, it is our privilege to welcome you to our community. We hope this guide will assist you in providing counsel to your student and help you address any questions or concerns you might have.

Student engagement is a valuable and distinctive part of a Lewis & Clark education. The opportunities available here will challenge and support your student's growth as an intellectual and as a citizen. All of us at Lewis & Clark have high expectations for our students in terms of their commitment to citizenship, the pursuit of knowledge, and cultural exchange. We hope

that you will encourage your student to be engaged at Lewis & Clark, to consider these ideals, and seek to define what they mean to him or her.

This guide provides an outline of the many opportunities and resources available at Lewis & Clark. Please peruse it and discuss with your student how he or she can complement and supplement academic lessons with co-curricular activities and other educational opportunities. We see parents and family members as our partners in fostering student success, and we hope you will take this opportunity to work with us toward that goal. If you have any issues or questions, our staff here on campus will be happy to speak with you. Please

feel welcome to reach out to anyone listed in the following pages. As a family member of a Lewis & Clark student, this will be an exciting time for you. Make sure to set aside time and reflect on all you have taught your student. You have invested many years in him or her—now watch your student seize the future by applying the lessons you have taught.

Best wishes, and welcome to the Lewis & Clark community,

Sandi Bottemiller
Director of Housing & Orientation

Andrew McPheeters
Director of Alumni & Parent Programs ■

Lewis & Clark College





Academic Success

Academic Advising

advising@lclark.edu
(503) 768-7750

acquaints students both with the liberal arts tradition's most enduring ideas and questions and with modern disciplinary methods of analysis and discovery. ▶

Faculty advisors can help your student navigate his or her way through Lewis & Clark College's curriculum and rich academic resources. While the responsibility for constructing a personal academic program ultimately belongs to each student, faculty advisors can aid students as they explore new disciplines, plan for overseas travel, consider academic choices at the College, and prepare for postgraduate opportunities.

Each first-year and transfer student is assigned a faculty advisor based on the student's stated academic interests and goals. Once your student declares a major, he or she will work with a faculty advisor from that department. Students may change advisors at any time.

Exploration and Discovery:

Core Course

explore@lclark.edu
(503) 768-7208

All first-year students and qualifying transfer students receive a common foundation through Lewis & Clark College's innovative yearlong core course. This course, Exploration and Discovery, embodies the College's motto, *Explorare, Discere, Sociare*: "to explore, to learn, to work together." Over two intensive semesters, students experience the vital affinity between shared intellectual exploration and individual pathways of discovery. The course also sharpens students' skills in writing, reasoning, critical reading, and speaking. Exploration and Discovery



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Ombuds Office

ombuds@lclark.edu
(503) 768-7336

The Ombuds Office is a confidential, impartial, and informal place where members of the Lewis & Clark community can talk about their concerns and look for solutions. While your student has a variety of people to talk to when facing a problem or potential problem, sometimes he or she may simply want to speak to someone off-the-record to explore concerns and strategies for resolution. The ombudsperson will listen to what your student has to say and help him or her develop and sort through options. The office is dedicated to supporting fair processes, open access, and communication for the entire Lewis & Clark community, and that can include parents too.

Student Support Services

access@lclark.edu
(503) 768-7156

The office's staff work with students who have learning, physical, and psychological disabilities to arrange accommodations as required by Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. These accommodations include ensuring that physically challenged students are assigned accessible classrooms and providing note takers for hearing impaired and learning disabled students at the student's request. A student intern in the office also coordinates a campus networking and problem-solving group for students with learning differences, including ADHD. The staff can also provide academic advice to any student and is available to discuss study strategies with students who are experiencing difficulties in a particular class or who need help with time management.



Student Transitions and Experiences

transitions@lclark.edu
(503) 768-7370

The Office of Student Transitions and Experiences offers resources to students so they can successfully become part of the Lewis & Clark community. The office offers and coordinates innovative services and programs to support students' overall development. With a focus on learning, engagement, and success, Student Transitions and Experiences introduces students to tools like effective study strategies, time management, and goal setting. It also identifies ways for students to engage with their new community.

Student Rights and Privacy

www.lclark.edu/go/ferpa

College policies are shaped by both educational and legal responsibilities and differ significantly from those of secondary schools. When a student enters college, the rights to privacy shift from the parent/guardian to the student. Students' rights are explicitly spelled out in the Family Educational Rights and Privacy Act of 1974, commonly known as FERPA or the Buckley Amendment.

Your student has four basic rights under FERPA:

1. The right to access his or her own records. Lewis & Clark's policy is to permit a student to personally view his or her educational records within 45 days of the student's initial request.
2. The right to some amount of control over the disclosure of his or her records. Students have the right to limit the release of directory information.
3. The right to permit disclosure of his or her confidential records. Lewis & Clark cannot disclose student records to a third party (including parents/guardians) without the written consent of the student.
4. The right to seek amendment to his or her records. A student has the right to request that the College correct records the student believes to be incorrect or in violation of his or her privacy.

FERPA protects student educational records including, but not limited to, grades, transcripts of academic work, and files in the Office of the Registrar, the Office of the Dean of Students, and the Office of Student Support Services. Only your student, his or her academic advisor, and college officials with a need to know have access to these files.

Student Conduct

Student conduct policies at Lewis & Clark College exist to educate and promote personal responsibility in our students. The policies establish clear expectations of behavior that foster academic and community integrity. These expectations are best summarized by the principles of mutual respect, personal and academic integrity, civil discourse, and responsible decision-making. They are explained in detail in the Student Code of Conduct, which is available to every student in the Pathfinder and online at www.lclark.edu/go/pathfinder. When a student's behavior violates a stated Lewis & Clark College community policy, the individual becomes subject to the student conduct process, which is also outlined in the Pathfinder.

Like many colleges across the country, Lewis & Clark has designed the student conduct process to be an educational tool. The process is intended to help students learn how various types of behaviors impact others. Thus the outcomes of the process are intended to repair any harm to both the Lewis & Clark community as a whole and any victims specifically. Because this is an educational process, while standard outcomes do exist, what the involved student has learned is taken into account throughout. ■



Financial Matters

Student and Departmental Account Services

accountservices@lclark.edu,
perkins@lclark.edu
(503) 768-7829 (Student Accounts)
(503) 768-7825 (Perkins Loans)

Student and Departmental Account Services is responsible for the billing and collection of tuition, fees, room and meal plan charges, and other related costs of enrollment. The office also provides other services for students, such as working with Perkins Loan borrowers regarding repayment of their Perkins Loans. For details regarding making payment to your student's account and the services provided by our office, please visit our website at www.lclark.edu/go/student/accounts.

Student and Departmental Account Services accepts cash, checks, and in person debit card transactions. In partnership with Tuition Management Systems, Lewis & Clark College is able to accept online and phone

payment via checking account, savings account, MasterCard, Discover, and American Express. There are no fees for payments made by checking or savings account. Credit card payments incur a convenience fee of 2.99 percent.

Lewis & Clark uses an entirely electronic billing system hosted by Tuition Management Systems to deliver statements. All students will be automatically enrolled in e-billing, with delivery set to the student's Lewis & Clark e-mail address. Each student will receive a notice at this e-mail address whenever a new statement is available for viewing.

Student Financial Services

sfs@lclark.edu
(503) 768-7090

The Office of Student Financial Services recognizes the challenges many students and their families face in meeting the costs associated with obtaining a higher education. While the primary responsibility of paying for college rests

with students and their families, we are committed to working in partnership to identify financing options that will make a Lewis & Clark College education an attainable goal. We administer federal, state, and institutional scholarship/grant programs; and certify educational loan eligibility for both students and parents.

Student Employment

hr@lclark.edu
(503) 768-6235

Student Employment at Lewis & Clark College serves as a resource for students who are looking for either an on- or off-campus job. Almost every department on campus employs

students. Your student may find a job working in the library, in a department office, in the athletic department, on the grounds crew, in food services, at a contracted off-campus community service organization, or even in a biology lab. Many students also find work off-campus at area businesses or as tutors and/or child care workers in neighboring homes. The opportunities are plentiful!

Most positions on campus are open only to students who have either a Federal Work-Study (FWS) award or a Lewis & Clark Work-Study (LCWS) award as a part of their annual financial aid award. However, other on-campus as well as off-campus positions are available as well. ■



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Campus Living



Housing

living@lclark.edu
(503) 768-7123

Lewis & Clark College has a two-year residency requirement for undergraduate students. Research suggests that students who live on campus are more likely to graduate, get better grades, and have better social skills than their counterparts who live off campus. With the advantages and opportunities of residence hall life, however, come new challenges. The College provides resources to help students as they navigate this experience.

A full-time, live-in professional area director (AD) oversees each residence hall cluster. The AD is responsible for the management of the building in which he or she lives, including community development, housing assignments, crisis management, Facility Services requests, and student conduct. The AD supervises a team of resident advisors (RAs), student staff who are trained to be excellent campus resources. An RA lives in close proximity to your student to help him or her successfully transition into campus life. RAs work with residents to create community charters, plan activities, and ensure a positive environment in the residence hall.

Each student receives a copy of *Settling In*, a handbook that contains the policies and procedures relating to community living. Each student living in the residence halls is responsible for reading and adhering to the policies in this handbook.

Bon Appétit Food Service

bon@lclark.edu
(503) 768-7890

Bon Appétit's on-campus program has been designed to be flexible to meet the needs of each student. Resident students choose from one of five meal plan options: 19, 14, 14 Flex, 10 Flex, and 7 Flex. The name of each meal plan indicates the number of meals the plan covers per week. Fields Dining Room offers a total of 19 meals per week: breakfast, lunch, and dinner Monday through Friday, and brunch and dinner on Saturday and Sunday. Flex points are like cash and can be used at any of the campus cafés operated by Bon Appétit, as well as in Fields Dining Room. One flex point equals \$1 in purchasing power. The flex points included with three of our meal plans carry over from fall to spring semester, provided the student remains on a meal plan. However, at the end of the academic year, any unused flex points are lost. Students can purchase flex points at a discount directly from Bon Appétit as an enhancement to any meal plan, but flex points may not be purchased in lieu of a meal plan.

Bookstore

kehnj@lclark.edu
(503) 768-7885

The Lewis & Clark Bookstore is an institutionally operated store that stocks all of your student's required and recommended textbooks. The Bookstore also sells gifts, reference and leisure reading materials, and Lewis & Clark insignia apparel.

Mail Services

mailsrv@lclark.edu
(503) 768-7867

Although it is not an official U.S. Post Office, Mail Services provides many of the same services: stamps and postage, vendor services such as Federal Express and UPS, and a variety of USPS offerings.

Each entering student is assigned a mailbox, located in the Templeton Campus Center, that he or she will keep throughout college as long as they maintain active enrollment. For proper delivery, you must include Lewis & Clark College's street address as well as your student's MSC (Mail Stop Code). Do not use "P.O. Box." Use the format below to address all mail to your student to insure efficient delivery. Families and students can find the daily schedule for mail services, including mail pick-up and drop-off times, online at www.lclark.edu/go/mail/schedule.

Lewis & Clark College
Your student's name
MSC your student's mail stop code
0615 S.W. Palatine Hill Road
Portland, Oregon 97219 ■



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Health & Safety

Campus Safety

safety@lclark.edu
(503) 768-7855

The Office of Campus Safety works with all members and guests of the Lewis & Clark community to foster a safe and secure environment. To this end, Campus Safety officers patrol campus around the clock, provide a night escort program that is available on request, conduct safety training programs, enforce College policies, and help Lewis & Clark community members in case of emergencies.

Counseling Service

counsel@lclark.edu
(503) 768-7160

The Counseling Service staff offers focused counseling for students'

personal, academic, social, and emotional problems. Counseling is confidential, except under unusual circumstances (e.g., when a student poses an imminent danger to himself or herself, or to others). Generally speaking, a student must sign a release of information form before staff can disclose any information about the student's treatment.

Students are seen for depression, anxiety, adjustment difficulties, mood disorders, relationship difficulties, academic issues, and a variety of other problems. Counseling sessions are free to enrolled students. Because the Counseling Service's primary focus is on providing short-term counseling, most students who anticipate needing more than 10 sessions in an academic year are encouraged to connect with off-campus providers.

Health Promotion and Wellness

healthed@lclark.edu
(503) 768-7112

Health Promotion and Wellness works to develop and promote a safe and healthy campus environment through collaboration with campus and community resources. It provides health promotion and education services that encourage and support students to make informed decisions regarding their health and wellbeing. The office offers resources, outreach education, and prevention programs concerning an array of issues.

specialists in the Portland area when necessary. The Student Health Service staff also offers complete birth control service, including counseling, method instruction, supplies, pregnancy screening, follow-up counseling, and referral according to individual need. The Student Health Service also provides health consultation and immunizations to students planning to travel abroad.

There is no charge for consultation, but there are charges for laboratory tests, medical procedures, medical supplies, and medications. These charges are usually covered by medical insurance plans. Encourage your student to be familiar with his or her health insurance and its coverage.

Student Health Insurance

www.lclark.edu/go/student/health/insurance

Lewis & Clark College requires that all degree-seeking and visiting undergraduate students have medical insurance coverage comparable to that offered through its comprehensive Student Health Insurance Plan. The Student Health Insurance Plan provides coverage in the event of an accident or sickness and is designed to complement services provided by the Student Health Service. Students may use the Student Health Service regardless of whether they are enrolled in the Student Health Insurance Plan. ■



Student Health Service

health@lclark.edu
(503) 768-7165

The Student Health Service is located in Templeton Campus Center and is available to all students regardless of their insurance coverage. The Student Health Service staff includes a physician, a family nurse practitioner, a women's health nurse practitioner, a registered nurse, a laboratory technologist, and an administrative coordinator. Comprehensive services are provided for recent-onset illnesses and injuries, routine physicals, gynecological exams, medications, immunizations, allergy injections (with physician order), and first aid. Referrals are made to medical



Student Activities

College Outdoors

outdoors@lclark.edu

(503) 768-7116

The College Outdoors Program organizes weekly trips and offers instruction in a variety of wilderness activities, such as cross-country skiing, backpacking, river rafting, sea kayaking, and hiking. For a fee, College Outdoors provides transportation and all necessary equipment, so everyone can participate, from neophyte outdoors people to seasoned veterans. Students are also welcome to become more involved with College Outdoors by taking on leadership roles; it's an excellent way to gain practical experience.

Physical Education and Athletics

sports@lclark.edu

(503) 768-7545

As part of our commitment to health and wellness in a challenging academic environment, Lewis & Clark offers a full complement of athletic facilities that students can use recreationally. The physical education and athletics department also provides a variety of courses for credit, and students

can participate in organized sports at the varsity, club, or intramural level as well as in recreational clubs.

Academics and activities go hand in hand at Lewis & Clark as part of a balanced, interesting, and rewarding college experience. A variety of College offices and student groups offer a range of opportunities to enhance personal development and leadership for all students at Lewis & Clark. Physical education is one facet of a total educational program that stresses the interrelationship between the physical, mental, and social dimensions of human experience. Lewis & Clark students are required to take a minimum of two physical education/activity courses as a General Education requirement. In these courses students are encouraged to recognize the importance of physical activity as a lifelong pursuit. Lewis & Clark's club sports program is a competitive recreational program of extracurricular clubs designed and run by students to enhance and supplement their college experience.

The mission for intercollegiate athletics at Lewis & Clark College is to improve the quality of students' lives. For student-athletes, this will be

accomplished through the medium of sport by providing them with the opportunity to participate in an activity that encourages personal growth and character development. For the campus community, this will be accomplished through shared institutional pride, fun and excitement resulting from the efforts and accomplishments of individual athletes and the college teams they represent.

Spiritual Life

duntley@lclark.edu

(503) 768-7082

Religious/spiritual opportunities are offered through the Office of the Dean of the Chapel, at various local religious centers, and by student groups. The dean of the chapel directs ecumenical worship services in the campus chapel, special issues forums, Bible studies, and periodic retreats. Religious/spiritual organizations such as Unitarian Universalists, Campus Crusade for Christ, Hillel, and a Zen Buddhist meditation group meet on a regular basis during the school year.

Student Activities

activity@lclark.edu

(503) 768-7122

The Office of Student Activities provides Lewis & Clark students with diverse and

challenging opportunities to enhance their educational experience, support their development, and prepare them to become leaders in the larger global community. The office advises more than 100 student organizations, including student government, and coordinates major all-campus events like PioFair, Fall Ball, and Spring Fling. The office provides resources to support student involvement and helps tie the curricular experience to co-curricular activities.

Student Government

aslc@lclark.edu

The Associated Students of Lewis & Clark College is the College's student representative governing body. ASLC is resource for both individual students and student organizations and provides a link between the student body, the faculty, and the administration. There are two primary branches of student government at Lewis & Clark College: the Senate is our legislative body and the Cabinet is our executive branch. There are countless opportunities for involvement in the Associated Students of Lewis & Clark College. All students are encouraged to get involved. ■



In downtown Lake Oswego just minutes from Lewis & Clark College.

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www.thelakeshoreinn.com
 210 N. State St., Lake Oswego, OR 97034





Career & Community Engagement

Center for Career and Community Engagement

careers@lclark.edu, service@lclark.edu
(503) 768-7114

The Center for Career and Community Engagement (3CE) helps students discover their goals and interests, connect to opportunities in the community that enrich their academic experience, and prepare for successful lives beyond

college. The center offers career counseling, leadership development programs, and connections to experiential learning opportunities like internships and community service. By providing a variety of experiences, 3CE helps students identify their passions, interests, and values, which ultimately leads to a fulfilling career path. The center also teaches students how to develop and execute a job search plan. It empowers

students to conduct their own career planning process so that as alumni they will be confident, competent, resilient, and prepared to make a positive impact in their communities and the world.

The liberal arts education prepares students to think, write, and present information in a thoughtful, critical, and creative way. In an ever-changing world, where students are expected to improve their quantitative and technical skills while integrating cross-cultural knowledge, this preparation is invaluable. A Lewis & Clark College education provides students with the ability to adapt and contribute. Our alumni succeed in a

variety of fields, including politics, law, scientific research, aid and advocacy work, business, education, and academia.

Encourage your student to begin considering career ideas as soon as his or her first year in college. Early in the spring semester, students need to be creating their resumes and preparing for interviews for summer work or study opportunities. Most of all, remember that the career planning process is just that—a process. Students who are able to reflect on a variety of volunteer activities, work experiences, and internships will find it easier to recognize and plan their next steps. ■

Free Attractions In Portland

Farmers Markets: A great way to buy cheap, local food; the farmers' markets offer cooking classes for kids and adults, entertainment, and sampling.

www.portlandfarmersmarket.org

Hike in Forest Park, Hoyt Arboretum, Mt. Tabor: Urban hikes in Portland or nature hikes in the Columbia Gorge or around Mt. Hood are a wonderful way to rediscover one's own backyard. In Portland, Forest Park offers dozens of trails, accessible by foot or bike (www.friendsofforestpark.org). The Hoyt Arboretum is just a few Max stops away, in Washington Park (www.hoytarboretum.org). Mt. Tabor is an extinct volcano, now a well equipped recreation park (www.portlandonline.ork/parks).

Bike or walk the 40-Mile Loop: 40 miles of bike lanes and safe bike routes have been connected last year. Encompassing the 3-mile loop around the Willamette in downtown Portland, and the 16-mile loop along the Springwater Corridor and Johns Landings, the new trail system is heaven for urban bicycling. www.40mileloop.org.

Powell's City of Books: Spend an afternoon exploring Powell's City of Books, the world's largest independent bookstore. Boasting more than a million titles, Powell's is a mecca for bibliophiles searching for used, out-of-print, rare or autographed books. Browsers are welcome to take up to three titles into the Powell's coffee shop for perusing. Because

Powell's is located in Portland's Free Rail Zone, transportation there is free from downtown locations. www.powells.com

Microbrewery Tour: BridgePort Brewing Company offers free tours of the brewery every Saturday. Tours include a brief history of BridgePort (from the days when the building housed a hemp rope factory to the brewery's 1997 expansion to a 60,000 barrel capacity), an inside look at brewing, discussion of the packaging department and the brewery's proprietary bottle, a sampling of BridgePort hand-crafted ales. Please contact the brewery for times. www.bridgeportbrew.com

Distillery Tour and Tasting: Portland has become a mecca for craft distilling in the U.S., and House

Spirits is one of the pioneers. On Saturdays, the distillery does free tours and tastings. Email to schedule. For more info go to www.housespirits.com/tours_tastings.html

Portland Saturday Market: Even though the market shuts down in January and February, this is still a great fall and early-winter attraction. You don't have to buy anything, just browse through booth after booth of handmade crafts, jewelry, clothing and candles. Street musicians, local performers, tarot card readers and international food kiosks round out the scene. The best thing about Saturday Market is that the people staffing the booths and selling the items are the same artists who created the crafts that are for sale. The market is open Sundays too. www.portlandsaturdaymarket.com

Wells Fargo History Museum:

The Wells Fargo History Museum displays original Concord Coaches, Wells Fargo's Banking and Express documents, artifacts, early photos, gold coins, mining tools, ore, balance scales, working telegraphs, and western fine art. The museum also showcases Wells Fargo's role in regional history. Admission is free.

www.wellsfargohistory.com/museums

Portland Central Library: The oldest public library on the West Coast, Portland's Central Library was built in 1913. The library boasts more than 17 miles of bookshelves and terrific artwork. The library's "Garden of Knowledge" theme is reflected in much of the artwork, including a 14-foot cast-bronze tree in the Children's Library room. The tree's bark is a sculptural relief of images that intrigue children: vines, musical instruments, toys, ballet slippers, animals, storybook characters and letters. Images attractive to small children are clustered at the base while more sophisticated images are placed higher. www.multicolib.org.

The International Rose Test Garden:

One of the largest and oldest rose test gardens in the country-for free. It is also the largest of Portland's three rose gardens. Started in 1917, the International Rose Test Garden, just minutes from downtown Portland in Washington Park, has 7,000 rose bushes, spectacular views of the city and an onsite Rose Garden Gift Shop. www.portlandonline.ork/parks

In the summertime (June-August), there are many, many outdoor concerts and movies held in parks throughout the city. Schedules and locations can be found at www.portlandonline.com/parks ■



Portland Facts & Trivia



entire metro area, the number jumps to 38.

- ▶ Portland was almost named Boston. City founders Asa Lovejoy, who hailed from Boston, Mass., and Francis Pettygrove, of Portland, Maine, were each determined to name the new city after their respective hometowns. Unable to settle the argument, they decided to flip a coin, now known as the “Portland Penny” and on display at the Oregon Historical Society. Pettygrove won on two out of three tosses.
- ▶ Many of the characters in The Simpsons are named after streets and locations in Portland, Simpsons’ creator Matt Groening’s hometown.
- ▶ The Portland Police Department hired the nation’s first policewoman, Lola Baldwin, in 1908.
- ▶ Portland is home to Voodoo Doughnut, a 24-hour doughnut shop that offers — in addition to a crazy selection of doughnuts — legal wedding ceremonies.
- ▶ The Portland Saturday Market is the largest continuously operating open-air crafts market in the United States.
- ▶ Powell’s City of Books, occupying an entire city block, is the world’s largest independent bookstore.
- ▶ The Port of Portland is the largest wheat export port in the United States.
- ▶ The Portland Rose Festival’s Junior Parade is the largest children’s parade in America.
- ▶ Portlandia is the second-largest hammered-copper statue in the United States (the Statue of Liberty is the largest).
- ▶ Portland’s International Rose Test Garden is the oldest in the nation.
- ▶ More Asian elephants (27 to date) have been born in Portland than in any other North American city.
- ▶ Portland is the beer capital of the world, with 32 breweries inside the city’s limits — that’s more than any other city in the world. If you count the entire metro area, the number jumps to 38.
- ▶ Portland is home to the world’s smallest dedicated park: Mill Ends Park, a mere 24 inches (61 centimeters) across. There are 37,000 acres (14,973 hectares) of parks in the Portland metro area.
- ▶ Portland’s nicknames include “Rose City,” “City of Bridges,” “Beervana,” and “Rip City.”
- ▶ The Oregon Brewers Festival, held on Portland’s waterfront, is the largest gathering of independent brewers in North America.
- ▶ The city of Portland was officially incorporated on February 8, 1851.
- ▶ There is no sales tax in Oregon.
- ▶ Oregon is one of just two states in which residents — and visitors — enjoy the luxury of always having their gas pumped for them. It’s the law! ■

Especially for Parents



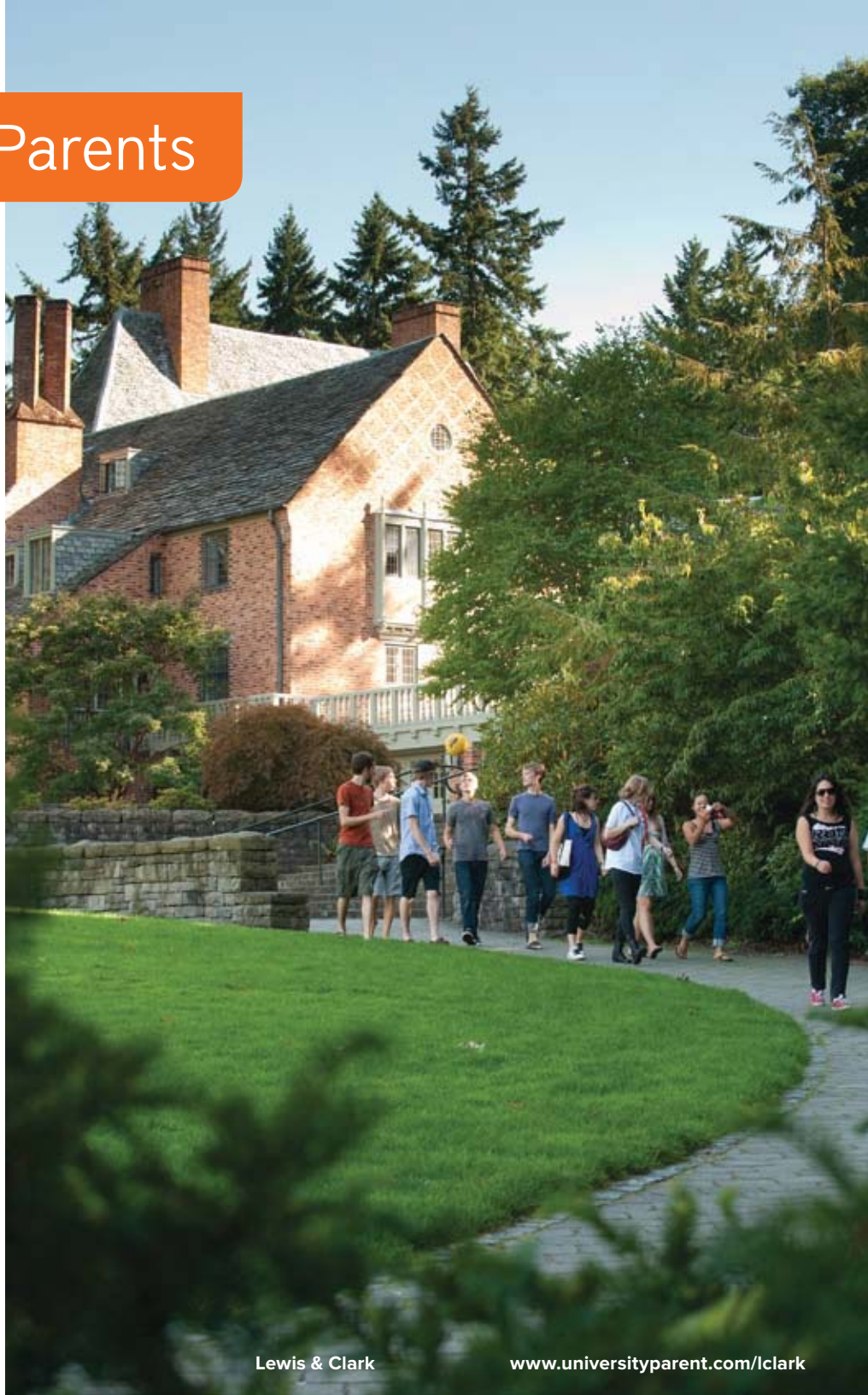
Online Family Classes

The Office of Student Transitions and Experiences also coordinates a series of online family classes that are offered by Student Life. The first class, *Your Student and You: Turning Change Into Growth in the First Six Months of College*, is designed to acquaint families with the transitions and developmental opportunities that students will face during their first semester at Lewis & Clark College. If you are interested in learning more about the family classes, please contact the Office of Student Transitions and Experiences or send an e-mail to familyclasses@lclark.edu.

Parental and Guardian Notification Policy

It is a fundamental goal of the College to support students' independence and maturity, in part by encouraging students to assume responsibility for their own educational and personal matters. The College also encourages students and parents or guardians to communicate directly, regularly, and openly with each other about issues of mutual concern.

Under laws and policies that govern the privacy rights of students, Lewis & Clark has the authority and reserves the



right to contact parents or guardians of dependent students about a variety of serious matters, and the parents or guardians of all students in emergencies regarding serious injury or life-or-death situations. Parental or guardian notification generally occurs under the following circumstances: hospitalization; hospital visits for alcohol poisoning or drug overdose; behavior that will likely result in residence hall suspension or expulsion, disciplinary suspension, or dismissal from the College; acts of violence or significant abuse toward others or a student's own self; arrest; drug or alcohol use that results in police action; or serious mental health concerns.

The dean of students or designee uses professional judgment when determining whether notifying parents or guardians ►

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is essential and benefits student welfare. While we look forward to a cooperative and productive relationship with the families of our students, our primary relationship must be with your student. It is our hope that you will appreciate and accept both our legal responsibilities and educational values in this matter. Please feel free to call the Office of the Dean of Students at (503) 768-7110 if you have questions, information, or suggestions.

Advice for Parents

Families are encouraged to communicate directly with their students and to consider them as the primary source of information about student life and campus issues. However, families are welcome to contact the dean or a Student Life staff member directly if a question or problem arises. We trust that families will join the staff in encouraging students to take steps to resolve issues independently while using campus resources. Becoming one's own best advocate is critical to success, and the college years are an opportune time to develop and hone this skill.

You can assist in the important process in the following ways:

- Know the resources available at Lewis & Clark (listed in this guide) so you can discuss them with your student and encourage him or her to pursue these resources.
- Be your child's biggest cheerleader. Moving away from home can be traumatic for your student (and for you). Reassure them they are doing the right thing.

- Stay in touch but not every day even though it is tempting. Students report the best way their parents can show support and trust in them is by sending care packages, letters, and e-mails. Ask (a few) general questions, "How are your classes? Are you having a good time? How's the food?" Generally, the less you ask – the more they will tell you.
- Remember college is a process: moods change, and students call home when there's a problem, not when everything is great. Listen with an open mind. Give your child the freedom to make his/her own choices but hold them accountable.
- Remind your student that feeling overwhelmed at times is to be expected.
- Encourage your student to get to know and to communicate with his or her professors. Our faculty have chosen to teach at a small college because they are interested in their students as individuals. However, they also respect their students' independence and privacy, so they leave it to students to initiate any contact.
- Suggest that your student get involved in campus activities. Studies have shown that students who are involved in co-curricular activities tend to be more satisfied with their academics. It doesn't matter what the activity is, as long as your student finds it rewarding. (Remember, activities enhance resumes, too.) ■

Visiting Lewis & Clark College

Parents Preview

www.lclark.edu/go/parents_preview

Parents Preview is a specially designed program for the parents of new Lewis & Clark students. It runs simultaneously with the first two days of New Student Orientation, August 24 and 25, 2011. In addition to spending time with your son or daughter, Parents Preview will give you the opportunity to get to know the Lewis & Clark community, learn about the academic programs, and familiarize yourself with student services. It is our hope that many of you will be able to attend. If you can plan to travel to Portland in August, it will be well worth it.

Family Weekend

www.lclark.edu/go/family

Family Weekend, which takes place in October 21-23, 2011, is an opportunity for family members to visit their student at Lewis & Clark College and learn more about our community. Guests have the opportunity to attend classes, athletic events, and a variety of other special activities.

Area Accommodations

Information on lodgings near the College is available online at www.lclark.edu/go/lodging. A limited number of guest rooms are available on campus



in some of the residence halls. Guest rooms are not available during break periods, for commencement, or during the summer. Rates are \$35 per night. Rooms have one or two twin beds and a private bath. They come furnished with bed linen and towels. For availability, please call (503) 768-7123. ■

Phone Numbers at a Glance

Academic Advising	(503) 768-7750
Admissions	(503) 768-7040
Aetna Student Health Insurance	(877) 375-7911
Athletics	(503) 768-7545
Bookstore	(503) 768-7885
Campus Living	(503) 768-7123
Akin, Odell, Stewart Halls	(503) 768-8930
Copeland Hall	(503) 768-8361
Forest Hall	(503) 768-8600
Platt-Howard and Hartzfeld Halls	(503) 768-8780
West, Roberts, East Halls	(503) 768-8930
Campus Safety	(503) 768-7855
Center for Career and Community Engagement	(503) 768-7114
Counseling Service	(503) 768-7160
Dean of the Chapel	(503) 768-7085
Dean of the College	(503) 768-7100
Dean of Students	(503) 768-7110
Emergency	(503) 768-7777
Food Services	(503) 768-7890
Health Promotion and Wellness	(503) 768-7112
Multicultural Affairs	(503) 768-7051
Ombuds Office	(503) 768-7336
Parent and Alumni Relations	(503) 768-7950
President	(503) 768-7680
Provost	(503) 768-7200
Registrar	(503) 768-7325
Student and Departmental Account Services	(503) 768-7829
Student Financial Services	(503) 768-7090
Student Health Service	(503) 768-7165
Student Support Services	(503) 768-7156
Student Transitions and Experiences	(503) 768-7370

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Academic Calendar

FALL SEMESTER 2011

August 24 at 8 a.m.	Residence halls open for new students
August 24 – 28	New Student Orientation
August 24 – 25	Parents Preview
August 28 at 9 a.m.	Residence halls open for returning students
August 29	Classes begin
October 6 – 9	Fall break
October 21 – 23	Homecoming / Family Weekend
November 24 – 27	Thanksgiving break (halls open/no meals)
December 7	Last day of classes
December 14	Final examinations end (meal service ends)
December 15 at 3 p.m.	Residence halls close

SPRING SEMESTER 2012

January 15 at 9 a.m.	Residence halls open
January 15	Food service resumes (with brunch)
January 17	Classes begin
March 24 – April 1	Spring break (halls open/no meals)
April 26	Last day of classes
May 3	Final examinations end (meal service ends)
May 4 at 3 p.m.	Residence halls close for non-graduating students
May 6	Commencement



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