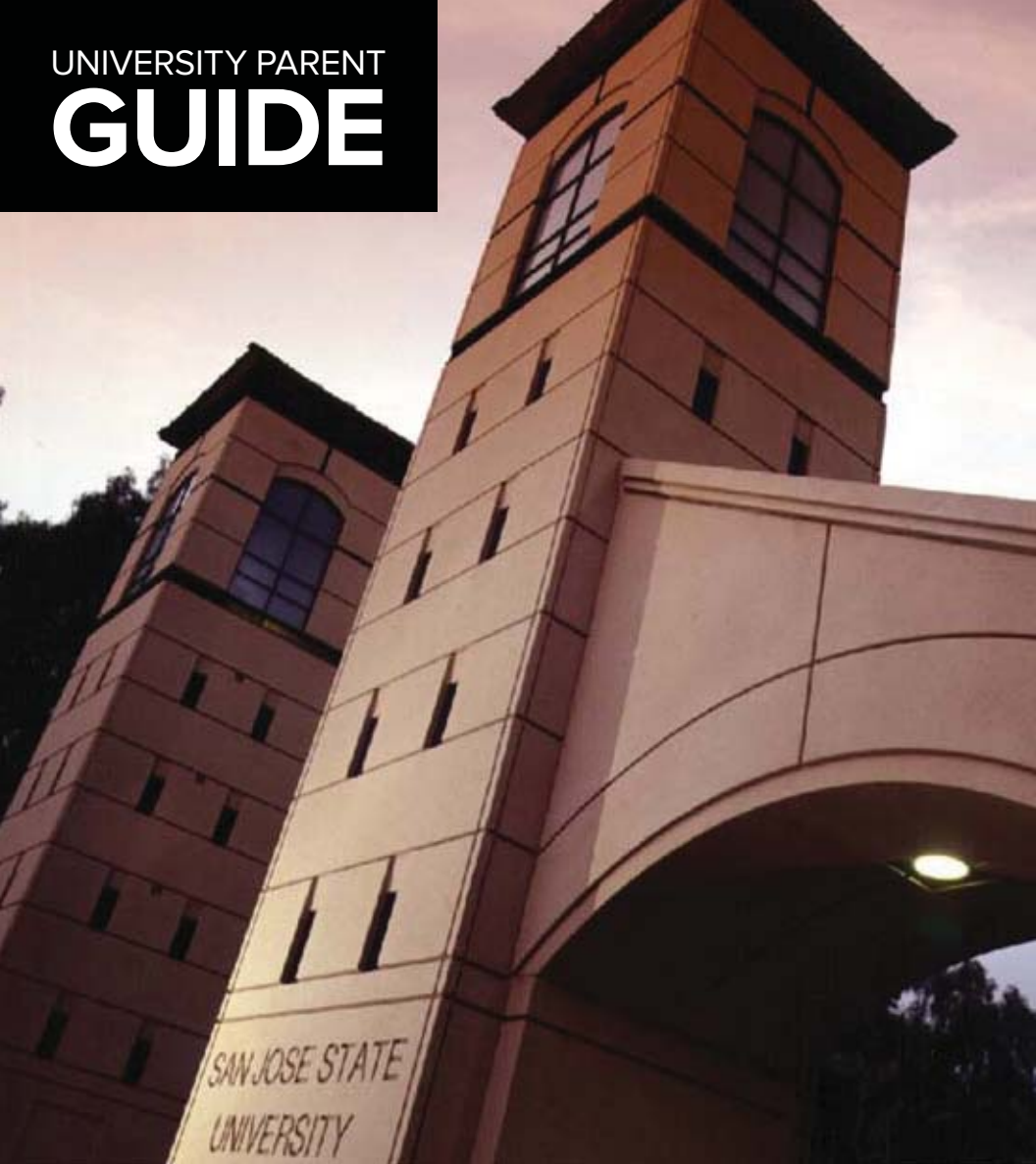


UNIVERSITY PARENT  
**GUIDE**



**2011  
2012**

**San José State  
University**

---

CAMPUS RESOURCES – LOCAL INSIGHT – HELPFUL INFORMATION

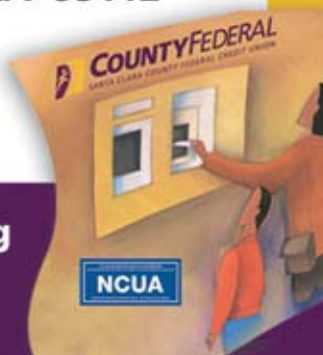
# Santa Clara County Federal Credit Union Welcomes SJSU Students!

- ◆ **FREE** Rewards Checking with NO minimum balance or monthly fee.
- ◆ **FREE** Online Banking, Bill Pay, eStatements and Mobile Banking.
  - Online Connection also provides an external transfer feature, which allows the account holder to transfer money to or from an outside financial institution; some restrictions may apply, contact us for details.
- ◆ **FREE** Unlimited ATM use at CO-OP Network, participating 7-Eleven Stores and County Federal ATM locations.
- ◆ Multiple branch locations.



**City Centre Branch**  
140 E. San Fernando St.  
San Jose, CA 95112

*Conveniently located across from the  
Martin Luther King Library*



**(408) 282-0700** [www.sccfcu.org](http://www.sccfcu.org)

[Mobile.sccfcu.org](http://Mobile.sccfcu.org) (mobile banking)

## UNIVERSITY PARENT CONNECTION

**University Parent Media**  
3800 Arapahoe Avenue, Suite 210  
Boulder, CO 80303  
Phone: (866) 721-1357  
Email: [ask@universityparent.com](mailto:ask@universityparent.com)

PUBLISHER  
**Sarah Schupp**

VP OF OPERATIONS  
**Jon Saints**

SALES REPRESENTATIVES  
**Allison Black**  
**Rebecca Boozan**  
**Daniel Condon**  
**Scott Griesser**  
**Sharon Haddad**  
**Kelsey Hudspeth**  
**Jon Hydeman**  
**Mimi Olin**  
**Emily Rayes**  
**AJ Virostek**

PRODUCTION DEPARTMENT  
**Grace Cassara**  
**Mike Gooley**  
**Eric Hosmer**  
**Lee Riley**  
**Meg Steinborn**

OFFICE MANAGER  
**Linsey Straugh**

DESIGNER  
**Brian Clark**

FOLLOW US ON:



The presence of San Jose State University logos and marks in this Guide does not mean the school endorses the products or services offered by advertisers in this Guide.

Advertising Inquiries:  
(866) 721-1357  
[ads@universityparent.com](mailto:ads@universityparent.com)

©2011 University Parent Magazines, Inc.



## SAN JOSÉ STATE UNIVERSITY

One Washington Square  
San Jose, CA 95192-0038

### About Our Guides

University Parent Media works closely with institutions around the country to bring together the most relevant, timely information into one all-inclusive resource.

We have published this guide with the mission of helping you easily navigate the university and its surrounding community. Ultimately, we hope these resources help nurture your connection and involvement in your student's college years!

### Make the Most of Your Parent Guide

- Hang on to your Guide! Inside you'll find information that's useful all-year long, including important phone numbers, web sites and calendars.
- Store your copy in a purse or glove compartment for convenient reference.
- Pass it along to parents of prospective college students to promote the school.
- Please recycle when finished!
- Discover more content, tips and local business information by visiting us online at: [www.universityparent.com/sjsu](http://www.universityparent.com/sjsu)



## Welcome!

We are pleased to welcome you to the San Jose State University community. Long before commencement, we're here to help your student and family find success at SJSU.

- Scholarships
- Career Resources
- Skill Building Seminars
- Networking Opportunities

Learn more at [www.sjsualumni.com](http://www.sjsualumni.com).



# contents

## 6 | SJSU Guide

Comprehensive advice, information for campus success

- 6 | From the Vice President
- 8 | University Mission, Goals, Facts & Figures
- 10 | Building a New Relationship with Your Student
- 10 | 2011 – 2012 Important Dates on Campus
- 12 | Academic Advising Resources on Campus
- 13 | FERPA – It's the Law!
- 13 | Helping Your Student with Finances
- 14 | Student Wellness: It's Not an Oxymoron
- 15 | Living on Campus
- 16 | Campus Map
- 18 | What Do You Want to Be When You Grow Up?
- 19 | Spartan Shops – Campus Dining
- 20 | Show Your SPARTAN Pride
- 21 | Getting Involved
- 22 | The Truth About Greek Life
- 23 | Alumni Services
- 24 | What the Students Have to Say

## 26 | San Jose Community

Make the most of your visit by getting to know the area

- 26 | Welcome to San Jose
- 26 | Fun Facts
- 28 | Top Ten Reasons Why We Love It Here (& Why You Will, Too)
- 30 | Featured Sponsors

# From the Vice President

## Dear Parents, Families, and Allies:

Welcome to San José State University!

This guide is intended to help you to connect—and stay connected—to the University so you can be part of a circle of people supporting your student’s academic and personal success during and after their Spartan journey.

If your student is the first in their family to attend college, congratulations on this pioneering experience. If they are among others to attend, congratulations on continuing an important legacy. Personally, I was the first to attend, and I can attest to the powerful ways in which college can be a transformational time for individuals, families, and their communities. It is a place and time for unlocking our deepest potential, and building foundations for our greatest ambitions.

Your care and support is especially important, because even though college is exciting and often a lot of fun, it can also be overwhelming and difficult, and of course expensive. Together, we can make sure it is worth the investment of time, effort and money. One important way is to help your student benefit from uncertainties by challenging them to take intellectual and creative risks and having courage in the face of insecurity. We can also surround them with support and encouragement so they can reflect, re-energize, and grow personally and professionally,

.....  
**Whether your student is a new undergraduate, a transfer student in their next chapter of school, or a graduate student looking to expand their professional knowledge, they can benefit immensely from your commitment as a partner in their education.**

taking on challenges as they come and even looking for some more.

Whether your student is a new undergraduate, a transfer student in their next chapter of school, or a graduate student looking to expand their professional knowledge, they can benefit immensely from your commitment as a partner in their education. We hope that the resources and information linked to this guide will help you to be meaningfully involved in your student’s life, while also allowing them to sort through things independently so they have sustainable tools for success. This balance of involvement and distance is more of an art than a science, so we are here to advise you and answer questions about SJSU and where to direct your student as they consult with you about their time here, or where to go if you are concerned about them.

Along the way, we hope you will visit the campus, perhaps take in a performance, campus speaker, sporting event, or celebration. In any case, don’t forget to send your student notes and other reminders that you are behind them.

Again, welcome to San José State University. We are glad that your student is here, and that you are with them. Let’s work together to help ensure we will also celebrate their graduation and their future success as part of our Spartan Alumni.

Sincerely,



**Jason A. Laker, Ph.D.**  
 Vice President for Student Affairs ■

**It’s not just her laptop—it’s her shot at a 4.0.**

Others track, we get stolen laptops back.



Protect it now and save, visit [www.lojackforlaptops.com/student](http://www.lojackforlaptops.com/student)

©2011 Absolute Software Corporation. All rights reserved. Absolute and LoJack for Laptops are registered trademarks of Absolute Software Corporation. LoJack is a registered trademark of LoJack Corporation, used under license by Absolute Software Corporation.

Welcome SJSU Students & Parents

**What you need for your finances. All you expect from our service.**

**SJCU College Package Includes:**

- Membership Fee waived
- Regular Savings Account with \$5 minimum balance
- Checking Account with no monthly service charge and no minimum balance requirement
- Fee Free ATM access at over 28,000 ATMs nationwide
- Free Online Banking, Bill Payment, Mobile Banking\*
- Free incoming wires
- Low-cost computer and car loans
- Email and text alerts
- And more!

\*Your carrier may charge your mobile phone account for web access.



*Building a Partnership for Life*  
 Over 75 years of service!

**Downtown Branch**  
 88 South 4th Street  
 San Jose, CA 95112  
 (Right around the corner from the MLK Library in the 4th Street Garage)

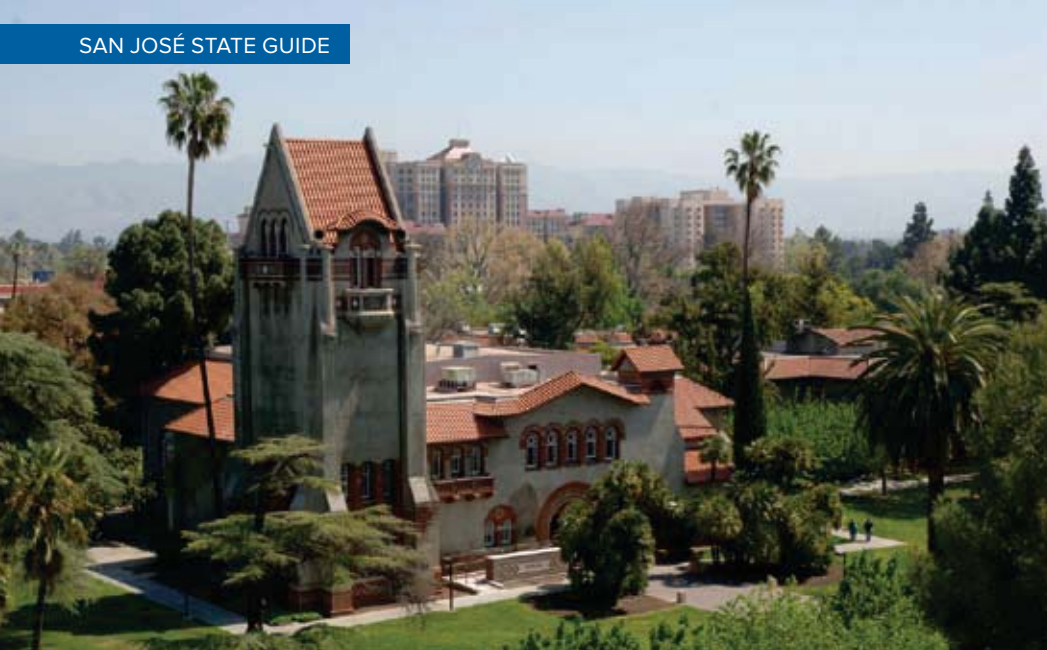


Contact us to start benefiting from a membership today.

**(408) 294-8800 [www.sjcu.org](http://www.sjcu.org)**

Anyone who lives, works, worships or attends school in San Jose is eligible to join.





# University Mission, Goals, Facts & Figures

The university facts and figures are a testament that we live our mission daily and strive continuously to meet our goals. We feel that it is important that you, as parents, also share our mission and goals.

## Mission

In collaboration with nearby industries and communities, SJSU faculty and staff are dedicated to achieving the university's mission as a responsive institution of the state of California: To enrich the lives of its students, to transmit knowledge to its students along with the necessary skills for applying it in the service of our society, and to expand the base of knowledge through research and scholarship.

## Goals

- In-depth knowledge of a major field of study.
- Broad understanding of the sciences, social sciences, humanities, and the arts.
- Skills in communication and in critical inquiry.
- Multi-cultural and global perspectives gained through intellectual and social exchange with people of diverse economic and ethnic backgrounds.
- Active participation in professional, artistic, and ethnic communities.
- Responsible citizenship and an understanding of ethical choices inherent in human development. ■

# Facts and Figures

Founded in 1857 as Minns' Evening Normal School, SJSU is the oldest public institution of higher education on the West Coast.

SJSU Offers over 134 bachelor's and master's degrees.

Most popular majors at SJSU: Art, Psychology, Management, Biological Science, Accounting.

The Dr. Martin Luther King Jr. Library is the first university-city library partnership in the nation.

Notable alumni include novelist Amy Tan, Oracle co-founder Edward Oates, US congressman Mike Honda, primatologist Dian Fossey, and sports executive Peter Ueberroth.

# #1

supplier of education, engineering, computer science, and business graduates in Silicon Valley.

SJSU has an Olympic-sized pool, one of the largest outdoor pools in California.

Over 2200 courses are offered each year in over 134 bachelor's and master's degrees with 110 concentrations.

SJSU has its own police department.

# 30,000+

students enroll at SJSU every year, with over half coming from communities in Santa Clara County.

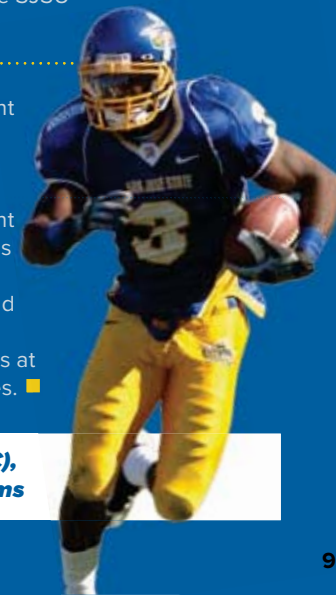
SJSU hosts the nation's leading centers of research on the lives and careers of composer Ludwig van Beethoven and writer John Steinbeck.

Students are involved in over 350 student organizations, including 39 fraternities & sororities, 22 club sports, and seven residence hall leadership groups.

SJSU has 5 acres of campus at the San José International Airport.

The Associated Students of San José State University (AS) is a corporation owned, funded, and run by students and represents the interests of the SJSU student body.

SJSU President Mohammed Qayoumi, an engineer and accountant by training, has over 25 years of teaching and administrative responsibilities at CSU campuses. ■



**A member of the Western Athletic Conference (WAC), SJSU fields 16 Division I intercollegiate athletic teams**

# Building a New Relationship with Your Student

Your student is entering their first year of college and regardless of how many times they tell you, “It’s going to be fine,” you will still worry about them – it’s inevitable.

This is a time in your students’ life when they need your support but they also need the space to become individuals and learn responsibility. This transition time for your student is exciting yet challenging in both academic and personal ways. Families and student allies play a significant role in a student’s college success; therefore we’ve included a few tips from student affairs experts to help you help your student:

- Establish boundaries with your student. Find out what their school schedule is so you know when the best time to call is.
- Listen to your student but empower them to take the initiative to solve their own problems.

- Become familiar with the campus resources so you can guide your students to them if necessary.
- Try to avoid giving too much advice and trust your students’ decisions.

You know you must support your student as they head off to college but who is going to support you mentally and emotionally as you watch your baby grow up? *Letting Go: A Parents’ Guide to Today’s College Experience*, by Karen Levin Coburn and Madge Lawrence Treeger is a great resource suggested to “first time parents” of college students. This book will help you understand what your student is going through and suggest coping strategies. ■

## 2011-2012 Important Dates on Campus

The following is a list of important dates that you and your student will want to be aware of, however we’ve also included the anticipated feelings that your student might be going through at that particular time. If you are aware of these common feelings up front, you’ll be better prepared to support your student during their first year of college.

### FALL SEMESTER

Event	Date	Possible Anticipated Student Feeling
Welcome Convocation	August 23	Excitement, anxiety about being away from home, homesickness and loneliness, exploring their freedom
First Day of Instruction – Classes Begin	August 24	
Labor Day – Campus Closed	September 5	

Event	Date	Possible Anticipated Student Feeling
Last Day to Drop Courses without an entry on permanent record	September 6	
Last Day to Add Courses & Register Late	September 13	First tests, realization that there are consequences to their actions, question if they fit in, roommate problems may arise
Veteran’s Day – Campus Closed	November 11	
Thanksgiving Holiday – Campus Closed	November 24 – 25	Stress over mid-terms, excited to go home for the long weekend, many assignments due before or after the long weekend
Last Day of Instruction	December 8	
Final Exams	December 12 – 16	Anxiety of finals, excited to go home to old friends for the winter, sad to leave new friends and relationships
Winter Recess	December 22 – January 23	

### SPRING SEMESTER

Event	Date	Possible Anticipated Student Feeling
First Day of Instruction	January 25	“Fresh start” state of mind, relief to be back at school, homesickness and loneliness again
Last Day to Drop Courses without an entry on student’s permanent record	February 6	
Last day to add courses and register late	February 13	
Spring Recess	March 26 – 30	Excitement of Spring Break, Anxiety of mid-terms, looking for summer job, trying to lose weight for summer
Last day of instruction	May 15	Anxiety of finals, excited to go home to old friends for the summer, sad to leave new friends and relationships
Final Exams	May 17 – 23	
Commencement	May 26	



## Academic Advising Resources on Campus

All students should be in regular contact with an academic advisor. Each academic department is unique, so seeking out assistance from a major advisor is imperative to student success. In addition to major advisors, students should meet regularly with a General Education advisor about their GE requirements. More information can be found on the Advising HUB: [www.sjsu.edu/advising/](http://www.sjsu.edu/advising/) Other resources on campus include:

- Academic Advising (General Education) at Academic Advising & Retention Services - Call (408) 924-2129 for an appointment.
- Learning Assistance Resource Center (LARC tutoring center) – Call (408) 924-2587 for an appointment.
- Career Center - Call (408) 924-6031 for more information.
- Counseling Services (Educational, Personal & Psychiatric) - Call (408) 924-5910 for more information.
- Disability Resource Center - Call (408) 924-6000 for more information.
- EOP Advising - Call (408) 924-2129 for hours or an appointment.
- Student-Athlete Success Services- Call (408) 924-1252 for an appointment.
- Major/Minor Advising - Call your major/minor department for information on how to set up an appointment with a major advisor. ■

## FERPA – It's the Law!

The Family Educational Rights and Privacy Act of 1974, also known as FERPA, helps protect the privacy of student information by placing certain restrictions on the disclosure of information contained in a student's university records. FERPA gives parents certain rights with respect to their children's education records. These rights are transferred to the student when they reach the age of 18 or attend a school beyond the high school level. For more information regarding FERPA, visit <http://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html>.

Students can authorize information from Registrar's Services to be released to their parents by signing a consent form. The form to authorize the release of this information is available in the Registrar's office or on their website, [http://www.sjsu.edu/registrar/docs/FERPA\\_Release\\_form.pdf](http://www.sjsu.edu/registrar/docs/FERPA_Release_form.pdf). Additionally, the student can authorize a user to view and pay fees to the Bursar's Office on MySJSU. Aside from constant communication with your student, these are the best ways to be kept in the loop regarding important information such as grades and tuition deadlines. ■

## Helping Your Student with Finances

Understanding finances as a college student goes well beyond financial aid. Whether your student is receiving financial aid, working their way through college, or getting a weekly allowance from mom and dad, a conversation regarding student finances cannot be overlooked before your student goes to college. The Financial Aid and Scholarship Office, located in Student Services, is a great resource for questions regarding scholarships, work study, loans, and federal grants. Encourage your student to check their My SJSU account at least once a week for messages regarding their financial aid. Important deadlines, such as filing your FAFSA (Free Application for Federal Student Aid) can be found at [www.sjsu.edu/faso/](http://www.sjsu.edu/faso/) or [www.fafsa.ed.gov](http://www.fafsa.ed.gov). There a number of other important

financial topics to cover with your student. Show them how to set a budget, determine financial priorities and be sure to account for "fun" money. If they don't already have a bank account, help them open both a checking and savings account and teach them how to write out a check and track their spending in a check register. Discuss how much they should contribute to a savings account and what that money should be saved for. If it's only for emergencies, what consists of an emergency? For those students that will be working, talk to them about filling out an I-9 for employment and tax purposes. If your student has not already begun receiving credit card offers, they will soon. Explain to them the benefits and dangers of credit cards as well as the importance of having good credit. As we all know, bad credit is hard to fix and can be haunting for years. ■



# Student Wellness: It's Not an Oxymoron

Student wellness consists of not only physical health but also emotional and mental health.

Many students may be dealing with stress which will have an overall negative effect on their physical, emotional, and mental health. In stressful times, first-year students will often turn to family to vent about their trials and tribulations – listen sympathetically and perhaps offer them advice such as getting regular physical activity and enough sleep, time management techniques, healthy eating, and journaling.

The SJSU Student Health Center is dedicated to the total wellbeing of your student. They treat students for injuries and illness as well as general

health exams. There is a full range of services provided, encourage your student to visit anytime...they even offer massages! [www.sjsu.edu/studenthealth](http://www.sjsu.edu/studenthealth)

**Counseling Services** is another fabulous resource on campus that is committed to your students' welfare. All services are free and students can talk to a counselor about anything from relationships and loneliness to study skills and choice of major. Every semester Counseling Services offers a series of Spartan Success Workshops to help students be the best they can be. For a list of workshops and services visit their website at [www.sjsu.edu/counseling](http://www.sjsu.edu/counseling). ■



You're Invited To Visit Us At:

## Safe Place Storage

Your friendly neighborhood solution to your storage needs.

**SPECIALTIES**

- Free Month's Rent to New Customers (Ask Our Managers for Details)
- Drive-Up Storage Units. No Stairs or Lifts to Hassle With!
- Competitive Rates
- Neighborhood Business
- Independently Owned and Operated
- Fully Fenced and Alarmed
- Serving Willow Glen and Greater San Jose Since 1988

900 Lonus Street, San Jose, CA 95126  
(408) 947-8775  
[www.safeplacestoragesj.com](http://www.safeplacestoragesj.com)

# Living on Campus

If you just dropped your student off for their first semester at SJSU, you made the right choice in choosing on-campus housing. Research shows that there are many benefits to living on-campus during your college experience. Just to name a few:



## SAN JOSÉ STATE UNIVERSITY

- More social interaction with peers, providing more opportunities to connect. Making connections is important because, many students will leave a university if they feel disconnected from their community.
- Living on-campus means that students are closer to faculty and other administrators, making it more convenient to seek help when necessary. A connection with faculty enables students to become more engaged in their area of study and an increased level of interest.
- On campus residents are more likely to be involved in co-curricular activities and use campus resources. This will increase their overall satisfaction with their college experience.
- Another interesting fact is that students who live in campus housing tend to graduate at significantly higher rates than students who have not had the on-campus experience.

So now that we have discussed the benefits, let's face reality and talk about the challenges that your student may face. Below we have outlined some of the ways to address these challenges:

- If they are having roommate issues, listen to them but do not instigate or choose sides. Choosing sides will only encourage the feud. Instead, listen to them and suggest that they talk to the RA together to work out their differences. To avoid some of these conflicts all together, suggest

that your student and their roommate set some ground rules from the beginning such as quiet hours, having guests over, borrowing each other's personal belongings, privacy, etc.

- Your student may get homesick; send small things that remind them of home. A picture, favorite trinket or stuffed animal could do the trick.
- This is probably the first time your student has had to share a bathroom with a large number of students for an extended period of time and it will take some time to adjust. A portable shower caddy to tote items back and forth, shower shoes, and a robe are essential to making this new experience as painless as possible.
- All of the common areas in the residence halls have Wi-Fi, however the individual rooms do not. Students will need to set up their own internet access in their rooms.
- As you move them into their new home, do so with confidence. You will all be fine and the SJSU staff is here to help you and your student along the way. ■

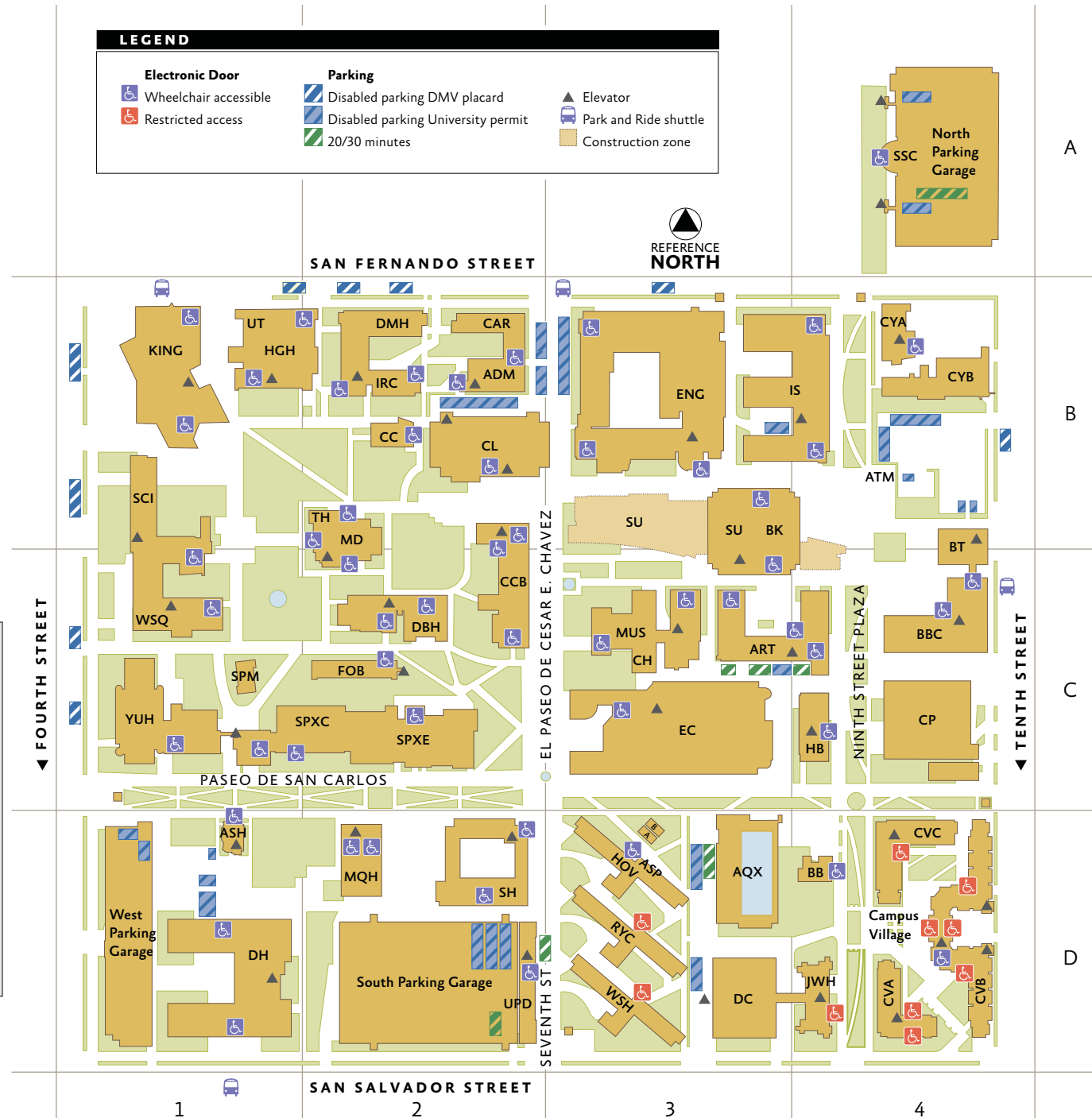
# Main Campus



**BUILDING**      **LOCATION**

A Building A .....	D3	KING Dr. Martin Luther King, Jr. Library .....	B1
ADM Administration .....	B2	MQH MacQuarrie Hall .....	D2
AQX Aquatics Center .....	D3	MD Morris Dailey Auditorium .....	B2
ART Art Building .....	C3	MUS Music Building.....	C3
ASH Associated Students House.....	D1	RYC Royce Hall.....	D3
B Building B.....	D3	SCI Science Building.....	C1
BBC Boccardo Business Complex .....	C4	SPXC Spartan Complex Central.....	C2
BB Building BB.....	D4	SPXE Spartan Complex East .....	C2
BT Business Tower .....	C4	SPM Spartan Memorial .....	C1
CAR Career Center.....	B2	SSC Student Services Center .....	A4
CC Computer Center.....	B2	SU Student Union .....	B3
CCB Central Classroom Building.....	C2	SH Sweeney Hall .....	D2
CL Clark Hall .....	B2	TH Tower Hall.....	B2
CP Cooling Plant .....	C4	UPD University Police Department.....	D2
CVA Campus Village A .....	D4	WSH Washburn Hall .....	D3
CVB Campus Village B.....	D4	WSQ Washington Square Hall .....	C1
CVC Campus Village C .....	D4	YUH Yoshihiro Uchida Hall .....	C1
CYA Corporation Yard A .....	B4		
CYA Corporation Yard B .....	B4		
DC Dining Commons.....	D3		

<b>Other locations</b>	
ASP AS Print Shop .....	D3
BK Bookstore.....	B3
CH Concert Hall.....	C3
UT University Theatre .....	B1
<b>Parking Garages</b>	
North garage at Tenth Street .....	A4
West garage at Fourth Street.....	D1
South garage at Seventh Street.....	D2
<b>Food/Coffee</b>	
CVB .....	D4
KING .....	B1
MQH .....	D2
SU .....	B3
<b>ATM</b>	
ATM .....	B4
EC .....	C3
KING .....	B1



## SPARTAN BOOKSTORE. TEXTBOOKS YOUR WAY.

You can't choose which textbooks are required, but you can choose how much you spend, how long you keep them, and how you read them. For maximum flexibility, rent. For the most features, download eBooks. For cash back at the end of term, buy new or used. Spartan Bookstore has your textbook answers.

### 1. 5% OFF USED & NEW DAILY

Get 5% off your used and new textbooks everyday at Spartan Bookstore.

### 2. RENT & SAVE OVER 50%

Rent your books for a term and return them after finals. It's that simple. Buy online and we'll even send you a reminder when it's time to return.

### 3. BUY USED & SAVE OVER 25%

Buy used textbooks, save money and the environment. Then save more at the end of term if you sell them and get cash back.

### 4. DOWNLOAD eBooks & SAVE UP TO 60%

Same new textbook in a digital format. Eco-friendly and convenient. Download eBooks right from [spartanbookstore.com](http://spartanbookstore.com) or start with a free download at [NOOKstudy.com/college](http://NOOKstudy.com/college)

**nook**study



[www.spartanbookstore.com](http://www.spartanbookstore.com)  
 (408) 924-1800  
[SM8011@bncollege.com](mailto:SM8011@bncollege.com)  
[facebook.com/SpartanBookstore](https://www.facebook.com/SpartanBookstore)

**SAN JOSÉ STATE UNIVERSITY**  
**SPARTAN BOOKSTORE**

## What Do You Want to Be When You Grow Up?

Some students have known the answer to this question since they were 5-years-old, others are still trying to figure it out. Regardless of which boat your student is in, the Career Center offers a variety of tools to help them throughout their journey.

Students that are still in exploration mode can take self-assessment tests to identify strengths and interests. The Career Center has a number of assessment exercises on their website. Another option for undeclared students is to take EDCO 004: Personal, Academic and Career Exploration. This is a course offered through the College of Education and teaches students about career development planning.

In addition to self-assessment, the Career Center will help students build their resume, help them prepare for interviews, and has a search engine for jobs on and off campus as well as internships. Internships are a great way to get real world experience, build resumes, and possibly even make some money. It is never too early to start planning life after college, with workshops and career fairs every semester, your student will be prepared. Visit their website yourself to better guide your student when the time comes. ■

### The Career Center

- [www.careercenter.sjsu.edu](http://www.careercenter.sjsu.edu)
- Located in the Administration Building, room 154.

## Spartan Shops – Campus Dining

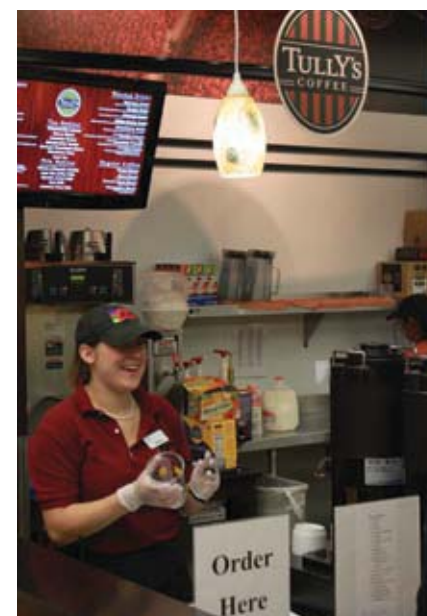
Enjoy numerous Dining options across campus that can satisfy any craving! From Panda Express in the Student Union and delicious sandwiches at our deli, to snacks and gourmet pizza at Village Market, our campus convenience store, your student can meet all their Dining needs without leaving campus.

### Meal Plans

Spartan Shops offers memberships plans, including a 5-day plan and a 7-day plan which provide unlimited entry into the Dining Commons. We feature a wide variety of American and ethnic cuisine including pizza and pasta, burritos, vegetarian items, sushi, Tully's gourmet coffee and Jamba Juice. Membership plan holders are able to eat as much as they desire and as often as they desire—all you want, whenever you want! Members enjoy perks like special events and discounts as well as free WiFi in the Dining Commons. All students living in the Classics and CVC Buildings are required to have membership meal plans. For commuters and those living off campus, these membership options and other meal plans are available. Ready to eat at the Dining Commons? Those living on campus can sign up for a meal plan with the Housing office. Those living off-campus can get a meal plan at [spartanshops.com](http://spartanshops.com), or by calling (408) 924-1885.

### Gold Points

Gold Points are a safe and convenient debit account used for purchases on campus. Gold Points can be used for purchases at any Dining location on campus as well as at Spartan Bookstore. The Gold Points account is accessed via your Tower Card (campus ID card). To add Gold Points, visit us online at [spartanshops.com](http://spartanshops.com), visit our office in MacQuarrie Hall, or call (408) 924-1885. ■



# Show Your SPARTAN Pride

There are many ways for you and your student to show your Spartan pride at San José State University.

As the parent or family member of a student, you too are a Spartan and we hope that you embrace the Spartan within. Visit the bookstore and get your blue and gold gear to show your pride wherever you go.

Fall is a great time to head out to Spartan Stadium to cheer on the football team. Spartan Stadium is located on the South Campus at South 7th Street and Alma Avenue.

In addition to exciting sporting events, many opportunities exist to get students and families pumped up for Homecoming. The 2011 Homecoming football game against Hawai'i is scheduled for Friday, October 14 at 6pm and will be televised on ESPN. A wide variety of events are scheduled for the entire week leading up to the big game such as Fire on the Fountain, Campus Movie Fest, and a much more. Fire on the Fountain is your student's opportunity to join the Spartan Squad, the official student athletic booster program designed to support SJSU athletics and increase pride, unity, and spirit among the student body.

Our newest tradition is the "We are SPARTA" campaign. At Frosh Orientation, students receive a pin and card to remind them of what it means to be a Spartan. The five pillars are **Integrity, Respect, Responsibility, Achievement, and Community**. We encourage students to wear this pin with dignity, honor and spirit. ■



Every Spartan must know our fight song and alma mater.

## Fight Song

***Fight on for dear old San José State;  
Fight on for victory!  
We are with you in every way.  
No matter what the price may be!  
Onward for Sparta noble and true,  
Fight hard in everything you do!  
And so we'll fight! (RAH!) Win! (RAH!)  
March onward down the field  
and we will win the day!  
S...J...S...U...S...J...S...U...SJSU...  
SAN JOSÉ STATE!***

## SPARTAN Alma Mater

***Hail, Spartans, Hail!  
Hail, gold, blue, and white!  
We pledge our hearts and hands,  
To keep thy colors ever bright,  
Forward we go! We will not fail!  
Sing to our Alma Mater,  
Hail, Hail, Hail! ■***

# Getting Involved

## Taking College to the Next Level and Beyond

Going to class and studying top every college student's priority list. However, there is much more to an SJSU education than labs, lectures, and textbooks. The Spartan experience offers over 350 student organizations, a vibrant fraternity and sorority community, unparalleled opportunities for leadership development, and the chance to thrive in one of the most diverse learning environments in the nation.



Research shows that students who are involved with campus life are more academically successful, have better connections with faculty, are more likely to graduate, and have a greater level of satisfaction with their time in college. In addition to doing well on exams and papers, students want to feel like they belong to a community that cares about them. At SJSU, there are opportunities for students to explore virtually any interest or passion they may have. From aviation to yoga and everything in between, SJSU has something for your student.

Employers say over and over again they want college graduates who can communicate effectively, think critically, organize people in teams, and work strategically toward accomplishing goals. Student organizations, fraternities, sororities, community service opportunities, student government, and club sports teams serve as "leadership laboratories," allowing students the chance to develop and enhance the knowledge, skills, and abilities that are most sought-after in today's job market.

SJSU students are presented with the

amazing opportunity to create their own college experiences. Many activities and programs at SJSU are offered at no cost to students, while others incur modest charges. Your student will have the ability to get as involved as he or she likes. With students involved in the planning and coordination of SJSU's most popular activities, flexibility and a respect for busy class, family and work schedules is always taken into consideration.

How can you be involved as a parent? Encourage your student to explore their interests, try new things, and meet new people. Take an interest in his or her involvement and show interest in the activities your student gets involved in. Help them to make connections between what they learn in the classroom and the leadership skills they are gaining. The parent perspective matters and SJSU wants to partner with you to help your student have the best educational experience they can have.

The bottom line: student involvement leads to student success. Empower your student to get the most of college! Find out more at: [getinvolved.sjsu.edu](http://getinvolved.sjsu.edu) ■



## The Truth About Greek Life

There are many myths revolving around Greek life and being in a fraternity or sorority. Thanks to the media and popular movies, Greek life is portrayed as a bunch of partying college students that do not go to class. This may surprise you, but those are all myths!

**MYTH: Fraternities and sororities haze.**

**TRUTH:** Hazing is illegal in California and San José State University is a strict NO HAZING campus. If a chapter is found to be hazing, they are to be pulled off campus with their president being sent directly to jail.

**MYTH: Being in a fraternity or sorority will take up too much of a students' time.**

**TRUTH:** In reality, whatever time a student puts into their Greek organization is exactly what they will get out of it. Also, many students learn time management skills that will help them with the rest of their lives. Many SJSU fraternity and sorority members

have expressed that they only started using a calendar once becoming affiliated with their Greek chapter.

**MYTH: All Greek members want to do is drink and party.**

**TRUTH:** Members of fraternity and sororities have just as much social time and fun as regular college students. Greek members are attending college for academics and that is always a number one priority in their lives. Additionally, students in Greek organizations are required to maintain a certain grade point average by the university as well as their individual chapter to remain in the organization. ■

## Alumni Services

Welcome (and for some of you welcome back) to San José State University! We are honored to have an important member of your family beginning their lifelong relationship with San José State. This is a time when you have many questions and occasionally some challenges. The San José State University Alumni Association has a variety of programs and services that can help students while on campus and at any stage of life afterward.

### Scholarships

Since 1974, the SJSU Alumni Association has provided scholarships to students. The application process begins each January with a deadline before spring break in March. Students can apply through the university's online scholarship tool, STARS. Deans select recipients in each college based on academics, campus activities and community service. This is among the largest scholarship program offered by an alumni association in the CSU system.

### GOLD

Throughout the year, the Alumni Association provides seminars on campus focused on building life skills outside the classroom. These GOLD programs are free, or very low cost to attend and help students prepare to be polished and ready for the job search and their careers. Details can be found each semester on our website, [sjsualumni.com](http://sjsualumni.com)

### Networking

We know building a network of personal and professional contacts is critical to career success. We provide a number of networking opportunities for upper division students to meet alumni and interact with people who might be in their chosen career field. We also provide a group for the entire San José State family to connect on LinkedIn.

### Career Resources

Alumni Association members receive

continued access to the Career Center after graduation. We also provide a variety of career resources beyond the Career Center for members.

### Coming this fall

We are excited to release an app for anyone connected to San José State this fall. Filled with helpful tips on almost every facet of life as well as offering all the SJSU news you want, this app is free to students, alumni and parents. It is important to us that you and your family feel comfortable and confident at San José State. We encourage you to seek out places and spaces on campus to help maximize everything this wonderful campus has to offer. If the Alumni Association can be of assistance, we are located in Clark Hall, Room 300 and online at [sjsualumni.com](http://sjsualumni.com). ■

**LEALE'S** Transmission & Auto Repair

**25% Student Discount OFF All Major Repair!**

Visit Now For Your No Cost Evaluation Of Any Problem or Concern You May Have.

Over 47 Years of Fast, Honest & Reliable Service.

ASE  
AAA  
NAPA  
Good Customer Reviews

**WE PROUDLY SUPPORT SJSU!**

405 Keyes Street - San Jose, CA 95112  
(408) 286-5350  
[LealesAutoRV.com](http://LealesAutoRV.com)

# What the Students Have to Say

Last but not least, we have compiled some advice from current SJSU students since they, of course, know best. Here is what they had to say:

“Make them feel confident that the new environment will soon be their new home. Encourage their students to put themselves out there to meet new people because what they put into their college experience is what they will get back!”

—Kristina Evans, Senior, Hospitality, Recreation and Tourism Management

“As much as we love you, we want the space to figure this out on our own, so give us some space. In the long run we will look back and appreciate everything you’ve done for us.”

—Cesar Delgadillo, Senior, Graphic Design



“Allow and encourage students to explore what it is like to be a student at San José State while continuing to be one of their biggest supporters as they embark on their journey to college.”

—JP Rastrullo, Junior, Public Relations

“Have faith that you have raised your students well and that they know right from wrong.”

—Diana Rubio, Graduate student, Mexican American Studies

“Send lots of care packages”

—Robert Dupree, Junior, Journalism

“The next time you see your child, they will have changed. Be proud to know that the opportunities that college provides them will shape them into a better person.”

—Ryan Morgado, Senior, Computer Science

“Take a deep breath everything will be fine. Trust that you have taught your student well, this is their chance to start doing things on their own and in turn they will learn to be more independent and will be able to take care of themselves in the ‘real world’ once they graduate college. It really is a great experience for the student.”

—Hector Solis-Ortiz, Junior, Public Relations ■



# Welcome to San José

**Art. Culture. Technology.**

**It all comes together in San José, the Capital of Silicon Valley and California's oldest city.**

San José can't seem to shake its pioneering ways, pushing into the 21st century as a center of stunning technological innovation and a vanguard for contemporary visual and performing arts. Walking around the city center pulls San José's intersecting qualities into bright relief. Palm-lined boulevards cut a broad swath through slick mirrored walls, while farm-fresh produce fills open-air markets year round. Sidewalks teem with a vibrant cafe culture. At night, everything glitters. Count the ways San José shines. ■



## Fun Facts Bet You Didn't Know San José is...

- The oldest civilian settlement in California, founded in 1777.
- The site of the first state capital.
- Northern California's largest city, population of 945,000 (2005 census).
- The third largest city in California.
- The tenth largest city in the nation.
- One of the top three Safest Big Cities in America.
- The largest concentration of technology expertise in the world, with 6,600 technology companies.
- Very pet friendly, featuring six fabulous dog parks WOOF!

## Lay of the Land...

- The highest elevation is 4,372 feet at Copernicus Peak on Mount Hamilton in the Diablo Range; on a clear day the view east from the peak can stretch all the way to the Sierra Nevada Range; locals say the route up Mount Hamilton from San José has 365 turns—one for every day of the year.

- No, we're not in Costa Rica. We're smack in the middle of the San Francisco and Monterey Bay areas. Covering 177 square miles at the southern end of San Francisco Bay, San José is 45 minutes south of San Francisco, 30 Minutes East from Santa Cruz and an hour North from Monterey.

## We Don't Want to Brag, But...

- San José boasts the highest median household income in the nation.
- More than half of the adults living in Silicon Valley hold a college degree.
- San José leads the nation in patent generation.
- San José State University (SJSU) is Silicon Valley's largest institution of higher learning with 30,000 students and 4,000 employees.
- The 154-acre campus of SJSU anchors downtown and includes the Dr. Martin Luther King, Jr. Library co-managed with the city - the first such partnership in the nation and the largest public library west of the Mississippi, displaying artwork on every floor.
- San José is leading the world in solar technology, alternative fuels, new transportation systems, efficient lighting and energy monitoring systems innovation. San José successfully pioneered many commonplace environmental activities, from curbside recycling to its urban growth boundary. In fact, San José is the number one recycler among the nation's largest cities, and in keeping with the City's Green Vision, many of our meeting facilities, hotels, restaurants and wineries – even our airport - offer sustainable practices.
- The nearby Santa Cruz Mountains were noted recently by Wine Spectator as the "most underappreciated appellation in the world." The "Today Show" and "Oprah" recently broadcast a Men's Health magazine poll ranking San José as the 3rd place in the U.S. to find a mate.
- A recent story on CNN.com places San José as the 8th Best Fitness Walking City in the U.S.
- [MostLivable.org](http://MostLivable.org) recently ranked San José among the Top 10 Most Livable Large Cities LA to Seattle Coast Starlight. ■

# Top 10 Reasons Why We Love It Here

## (& Why You Will, Too):

### 1. Weather – Ours Rocks!

Yeah our neighbor San Francisco's a great town, but we've got better weather. No chilly, foggy summers here. The Chamber of Commerce will kill us if we don't tell you that we've got an average of 300 days of sunshine year round, and it's rarely too hot or cold. Average daily temperatures range from January's 50° to July's 70° — so it's juuuuuust right. Perfect for playing outdoors!

### 2. Easy Access – Quicker than a Click

Everything is quick and easy to get to here, which is important for multi-tasking San Joséans who do just about everything with an iPhone or BlackBerry in one hand while getting around. The airport is just five minutes from downtown, and since everything downtown is within walking distance – from hotels and meeting facilities to hip culture, restaurants and nightclubs, you can get to your destination fast and text or email to your heart's content. Or if you like to go off the grid on vacay, you'll be able to stop and smell the roses and other flowers that grow all about downtown in our parks and streets.

### 3. Culture Crucible

San José's art scene is one part passion and two parts innovation. Our biannual ZeroOne festival is causing a stir in

art circles, with its unique convergence of art and technology. Downtown is laid out like a cultural campus, with performing arts and edgy museums within a short stroll. And who needs SoHo when you've got SoFA? San José's South of First Avenue is packed with cutting edge galleries and nightclubs.



### 4. User-Friendly Wine Country

We know, we know. Napa this and Napa that. But honestly, are you a slave to branding? We're not that far from Napa, but just minutes from downtown San José is the Santa Cruz Mountain wine country, recently noted by Wine Spectator as "the most underappreciated appellation in the world." If you love overpriced tastings, mind-numbing traffic and pretentious growers, by all means, go to Napa. But if you want great wines, knowledgeable vintners, friendly and accessible tasting rooms, Santa Cruz and Santa Clara wineries are the way to go.

### 5. Sports & Recreation

#### – Get in the Game!

If you like to go a little tribal, San José is a fierce sports town with plenty of recreational and spectator sports to root for. Perhaps our most passionate fans are the Sharks, who paint themselves teal and blue and intimidate the heck out of teams who dare challenge them in the HP Pavilion's Shark Tank. San José is made for outdoor action, including 150 parks and gardens for strolling or running, cool mountain roads perfect for biking and 15 local and championship golf courses great for relaxing or closing the deal.

### 6. Shopping – a Competitive Sport Here!

Shopping is another competitive sport in San José, and no place in the Bay area has more diverse offerings. Whether you want the trendiest gear from Santana Row, fresh finds at urban farmer's markets or amazing steals at our nearby outlets and flea markets, you can do as much or as little damage to your card as you like.

### 7. Dining Out – Calling all Foodies!

San Joséans work hard, but they enjoy the California lifestyle, which includes great food and wine, much of it locally sourced. From great ethnic joints to celebrity chefs, San José offers many surprises for the palate.

### 8. Attractions – Weird & Wonderful!

You won't find the usual suspects of syrupy sweet theme parks which treat you like an ATM machine here. But we do have lots of fun, action and value-packed parks nearby such as Great Adventure, Raging Waters and Gilroy

Gardens. And we've got other family friendly gems such as the Tech Museum of Innovation. And no one else has the seriously weird and cool Winchester Mystery House or the unusual Rosicrucian Egyptian Museum & Planetarium do they? So if you want to get down with your inner child, we've got you covered; in fact, San José was ranked as one of the top three places to grow up in America (U.S. News & World Report – August 2009)

### 9. We're Safe and Clean – What Other Big City Can Say That?

Okay we're gonna go there. Unlike most big cities, we're safe and clean. Yep, walking after dark won't feel like a paramilitary operation. And you won't need a facial from dirt and grit – although we have plenty of spas if you want a facial anyway. You also don't need to schlep a car downtown, since everything from the convention center, to hotels, restaurants, clubs, museums and galleries are within walking distance.

### 10. Gateway to Monterey and San Francisco Bay Areas – We're the Center of it All!

If you must see San Francisco and Monterey, don't worry. We're smack in the middle, so we're a great starting point to the best of the Bay areas. If you're dying to see the beach, we're only a half hour's drive from Santa Cruz. Yeah, the beaches are pretty, and the surfing is awesome, but have you tried swimming in the Pacific? Not for the faint of heart, but we know you have to see it while you're here. ■

This Guide brought to you by these

# Proud Supporters of SJSU

## FINANCIAL SERVICES

**San José Credit Union**  
Please see ad on p. 7.

**Santa Clara County Federal Credit Union**  
Please see ad on p. 2.

## MOVING AND STORAGE

**Safe Place Storage**  
Please see ad on p. 14.

For advertising inquiries, please contact UPM Sales Consultant Mimi Olin at (866) 721-1357 or email: [ask@universityparent.com](mailto:ask@universityparent.com)

## SERVICES

**Leale's Transmission and Auto Repair**  
Please see ad on p. 23.

**San José State University Alumni Association**  
Please see ad on p. 3.

## SHOPPING

**Absolute Software**  
Please see ad on p. 7.

**America's Best Organics**  
Please see ad on facing page.

**Dell**  
Please see ad on facing page.

**Spartan Bookstore**  
Please see ad on p. 18.



Welcome San Jose State University students!  
Buy select Dell PCs, get an Xbox 360® 4GB.\*



The power to do more



XBOX 360

Students only, get an Xbox 360® when you purchase select Dell PCs with Windows 7® for \$699.99 or more.\*



\*XBOX & \$699.99 system bundle offer only valid for actively enrolled high school, college, or university students or those purchasing on behalf of such students. Demonstration of eligibility is required and unverified orders may be canceled or rejected. No more than two bundles per household. Dell will only accept returns of the entire bundle. Abuse of student credentials will be investigated and may result in termination of the offer.

### NEW Dell™ Inspiron™ 14R

Enjoy a laptop that's light, mobile and ideal for your on-the-go lifestyle

**\$699<sup>99</sup>**

- New 2nd gen Intel® Core™ i3 processor
  - Genuine Windows® 7 Home Premium
  - 4GB Memory\*; 500GB\* Hard Drive
  - SWITCH** by design studio
- Black SWITCH lid comes standard. Optional SWITCH by Design Studio lids starting at \$34.99

### Your student benefits:

- Best price guarantee\* on Dell consumer PCs
- Up to 30% or more off select Dell consumer PCs
- 10% off Dell mobility products
- Free 3-5 day shipping on systems \$699 and above before taxes and fees\*

Shop now ▶ [dell.com/dellu/sjsu](http://dell.com/dellu/sjsu) or 1-866-328-1898

Student exclusive. Use your member ID to order: US16802534

Your PC, simplified. Windows 7

**Best Brain Food Around! The healthiest, tastiest care packages available.**

Healthy, organic college care packages for your student - **a healthy student performs better!** Perfect for holidays, exam week, birthdays or just to say I Love You!

**\$5 off when you use code CollegeCare**



303-499-6742 | [www.AmericasBestOrganics.com/CollegeCare](http://www.AmericasBestOrganics.com/CollegeCare)

# UNIVERSITY PARENT

# Brings You

the Online



# SJSU

# GUIDE



This online resource for parents  
features the best places to

shop

eat

relax

stay

S  
E  
D

unwind

play

explore

visit

and more...

[www.universityparent.com/sjsu](http://www.universityparent.com/sjsu)

**Or find us with your mobile device!**

Simply download a QR scanner app to your  
mobile device and scan the QR code to the right!

