

UNIVERSITY PARENT  
**GUIDE**



**2011**

**University of Colorado  
Colorado Springs**

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CAMPUS RESOURCES – LOCAL INSIGHT – HELPFUL INFORMATION



# UNIVERSITY PARENT CONNECTION

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## About Our Guides

University Parent Media works closely with institutions around the country to bring together the most relevant, timely information into one all-inclusive resource.

We have published this guide with the mission of helping you easily navigate the university and its surrounding community. Ultimately, we hope these resources help nurture your connection and involvement in your student's college years!

## Make the Most of Your Parent Guide

- Hang on to your Guide! Inside you'll find information that's useful all-year long, including important phone numbers, web sites and calendars.
- Store your copy in a purse or glove compartment for convenient reference.
- Pass it along to parents of prospective college students to promote the school.
- Please recycle when finished!
- Discover more content, tips and local business information by visiting us online at: [www.universityparent.com/uccs](http://www.universityparent.com/uccs)



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# Welcome to UCCS

The University of Colorado at Colorado Springs (UCCS) welcomes you to our community.

Within UCCS, you'll find an active and vibrant campus constantly evolving to meet the needs of our students; a campus full of opportunities for aspiring students to engage with, grow with, and reach higher to achieve their dreams; a campus with faculty and staff to provide a personal touch.

UCCS also offers beautiful residence halls and apartments, Excel Learning Centers for students to refine their studies and get assistance with problems, and athletic events for students to attend and celebrate with their friends.

Outside campus, you'll find a unique city full of adventure and entertainment with connections for every person. Colorado Springs offers a variety of shopping venues, outstanding dining, movie theatres, and miles of trails and open spaces for hiking and biking. By the way, ski resorts and mountains are only two hours away. One simply cannot be bored living in Colorado Springs. ■



University of Colorado  
Colorado Springs



# Student Life

A variety of fun, entertaining, and educational programs and activities occur outside UCCS classrooms. Most of the programs are available through the Office of Student Activities (OSA) and membership in Clubs and Organizations.

Currently there are more than 160 student clubs and organizations in a variety of areas, such as academic, sport, professional clubs, honor societies, social fraternities and sororities, as well as political, religious and special interest groups.

On average, the Office of Student Activities provides 120 entertainment and educational programs for the campus community each semester. These take the form of concerts, dances, comedians, magicians, speakers, panel discussions and debates, exhibits, movies and much more.

Most programs are free to students and open to the community. In addition, a

campus recreation center houses both lap and leisure pools, a hot tub, two gyms, a running track, a full service fitness center, aerobics/dance studio, bouldering wall and outdoor adventures resource center. Programs such as open recreation, intramural events, club sports, outdoor programs, and a wide-range of classes, support the leisure and wellness initiatives.

Also, Clyde's is UCCS' new and improved pub offering a fun environment to eat, sing and play.

All of these areas add value to student life and the life of the campus throughout the year. ■

# Dining on Campus

## Campus Dining Meal Plans

If you need to purchase a meal plan, or if you would like to make a change to the plan you have already selected, simply contact the Office of Resident Life and Housing located in Monarch House.

There are several different options for meal plans. To figure out which is right for your student, consider your student's daily routine ... Do they eat three meals a day? Will their class schedule, studying, extracurricular activities and social events interfere with dining? Will they miss dinner due to employment or evening classes? Anticipating the answers to these and similar questions will help you to select a meal plan that best fits your student's lifestyle.

## Meal Cards

All students can purchase Munch Money. Munch Money will be added to your student ID card and you may use this for purchases at The Lodge, The Overlook, Jazzman's Café, Dwire Hall and Columbine Hall Coffee Carts. You may purchase Munch Money at Dining Services Office at The Lodge, The Overlook or at the University Center Information Desk. You will receive bonus dollars based on the amount of Munch Money purchased. Minimum purchase is \$50.

## Welcome, Guests

Have a guest over for dinner! Students are welcome to bring a friend or family member for any meal for a reasonable fee. ■

## Places to Eat on Campus

- The Lodge
- Overlook Café
- The Pub
- Jazzman's
- Dwire Hall Coffee Shoppe



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# Recreation Department

The Campus Recreation Department provides a variety of programs, facilities, and services that support the leisure and wellness needs of UCCS students, faculty and staff.



The Campus Recreation Center is open to all currently enrolled students, as well as faculty, staff, and alumni members, and features 54,000 square feet of recreation space including: a two court gymnasium with an elevated indoor running track; an indoor aquatic center featuring lap lanes, leisure areas, a drop slide, and a hot tub; an expanded fitness area with state of the art free weights, machine weights, and cardiovascular equipment; an aerobics/dance studio; a multipurpose meeting room; outdoor equipment rental and resources center; a bouldering wall, and café.

The facility houses the UCCS Campus Recreation programs and services which include:

**Intramural Sports** – provides broad recreational and competitive opportunities through team and individual sports and events, including flag football, soccer, basketball, volleyball, dodgeball, table tennis, billiards, inner tube water polo, and softball.

**Club Sports** – university approved clubs sponsor instructional, recreational, and competitive programs for their members. Currently, active clubs include baseball, soccer, hockey, lacrosse,

racquetball, karate, cheerleading, dance, kendo, and ultimate Frisbee.

**Fitness and Conditioning** – students have access to the fitness center, as well as a number of other programs and services designed to help increase personal fitness including group conditioning and aerobics classes, aqua fitness classes, personal training, fitness assessment, and pre-created circuit workouts.

**Student Outdoor Leadership Expeditions (SOLE)** – come along on one of our many outings including hiking, backpacking, camping, mountain biking, snowshoeing, canoeing, rock climbing, or avalanche clinics. Also available to help students with their outdoor travels and adventures are a full array of outdoor equipment for rent and trip planning resources.

**Aquatics** – the pool is open to those looking to swim some laps or just relax in the leisure area or hot tub. Aquatic related programming includes swim lessons, aqua fitness classes, intramural aquatic events, water safety classes, kayak instruction, and dive in movies.

UCCS Campus Recreation Center  
(719) 255-7515  
[www.uccs.edu/campusrec](http://www.uccs.edu/campusrec)



## UCCS Athletics

The University of Colorado at Colorado Springs will exemplify all that is right in the world of college athletics.

Our student athletes, coaches, and administrators strive to define the academic oriented, community service driven, athlete that can still win in their chosen sport.

With the continued growth of our university our ability to compete at the conference, regional, and national level will grow exponentially. However, graduation will always be the goal of our athletes, coaches, and administrators.

The Mountain Lions will compete in a manner that our campus, alumni, and boosters expect, appreciate, and deserve.

— Stephen W. Kirkham, Director of Athletics

### UCCS Mountain Lion Highlights

**\*All Americans\***  
37 Mountain Lions

**\*RMAC Championships\***  
6 Championships

**\*NCAA Tournament Qualifiers\***  
38 Qualifying Teams

**\*Athletic Department GPA\***  
Eleven consecutive semesters over 3.0 ■

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## CAMPUS OWNED



# Advice to Families of Incoming Freshman

Welcome to UCCS! We are glad that you and your student are now a member of the UCCS community!

Studies have shown that the family plays an important role in helping make the first year of college successful. While this is a time to let students develop their independence, that doesn't mean you will stop supporting them. Here are five suggestions for helping your college student thrive during the first year and beyond.

## Be Realistic

Help your student develop realistic expectations of college. College is a great experience for young adults but sometimes they have unrealistic expectations about what college will be like. Freshmen find that they need to spend more time studying than in high school (lots more time!), that they can't work more than 20 hours per week and go to school, and that their first semester GPA is not as high as they thought it would be. How many hours should they study a week? Faculty recommend at least 2-3 hours outside class for every 1 credit hour. If your student is taking 12 credit hours (considered a full-time load), he or she should plan to study, outside of class, at least 24 hours a week. Being realistic and specific about financial issues with your child is also very important. Be open and

direct about what you will and will not pay for, as well as your expectations for how your son or daughter will spend money. Remember, it is easier to make plans with money, than to try to fix mistakes.

## Encourage Involvement

Students who get involved in extracurricular campus activities are more successful students. Encourage your student to participate in at least one club or organization! Joining an academic club provides a social network with peers and connections with faculty in their field of study. Social connections give students a feeling of belonging and acceptance. Through the ROAR office on campus, your student can get information about 165 clubs and organizations on campus and start to create a rich social network!

## Expect and Encourage Changes

Most college students change significantly their first few years of college. Your student may change their major, their goals, and their attitudes. These changes are normal and beneficial, for both you and your student. In order to be a successful student, your son or daughter may need to make major adjustments in their study habits. This means spending more time studying, reading before attending lecture, writing, and rewriting research reports.

## Be Productively Supportive and Know Who Can Help

Give them a shoulder to cry if or when they need it, but help them find the resources that can help them. You will feel more comfortable letting your student go when you realize how many people there are on campus who want your student to be successful. Knowing about these resources can help your student. The Counseling Center (719) 255-3265, the Student Success academic advisors (719) 255-3260, the five Excel Learning Centers, the Office of First Year Experience (719) 255-3688 are only a few of the many resources here to help your student be academically successful.

## Stay in Touch (but do not call every day) and Send Care Packages

Even though your student is immersed in the college experience, you're still an important part of their lives and they want to hear from you. Send a note, a card, a bag of cookies, or some toiletries. What you send is not important- the love that went into that gift is.

## Support Yourself As Well!

**1** Recognize that it is normal to have mixed feelings when your child leaves home. Feelings of pain and loss often accompany separation from loved ones. It is also normal to feel a sense of relief when your son or daughter leaves for college and to look forward to some time alone, with your significant other, or with your younger children.

**2** Allow yourself to feel whatever emotions arise during this period of adjustment; develop and maintain your own support systems.

**3** Do your best to maintain your own sense of well-being. This may involve eating and sleeping well, exercising, and setting new and creative goals for you. If your son or daughter has moved away to college, perhaps it is a good time to do some of things you put off while your child was growing up. Taking on a new project or hobby can be an excellent way to channel your energy and feelings. ■

## Academic Resources

SITUATION	SOLUTION
Student is unsure about major or needs help choosing a career:	Go to Student Success Center (MH 208), (719) 255-3260, and Career Center (MH 201), (719) 255-3340
Student needs help selecting classes for next semester:	Contact the Student Success Center (MH 208), (719) 255-3260
Student is having some personal problems:	Contact the Counseling Center (MH 324), (719) 255-3265, for an appointment for individual, couples, group, or family counseling, psychological testing, crisis counseling, stress management, or other help.
Student isn't doing well academically:	Visit the five Excel Centers for tutoring. Contact the First Year Experience Office, (719) 255-3688, for academic coaching. Attend a workshop on study strategies, note taking skills, or time management skills.
You think your student may have a disability:	Contact Disabilities Services, (MH 105) (719) 255-3354
Student needs help writing/organizing a paper:	Schedule an appointment with a Writing Center tutor, (COB 316), (719) 255-4336. Or use the Online Writing Lab (OWL)
Student needs help with a speech or presentation:	Call the Oral Communication Center (COB 312), (719) 255-4770, to schedule an appointment
Student is having problems in math or science:	Come to the Math Learning Center (ENG136), (719) 255-3687, or the Science Learning Center (EPC 239), (719) 255-3689, for drop-in tutoring
Student needs to drop a class:	Contact the Records Office (Main Hall 108), (719) 255-3361
Student would like help speaking or writing a foreign language:	Visit the Language Technology Center (Dwire 270), (719) 255-3690
Student misses old friends or is having trouble making new ones:	Get involved. Join a campus club or organization. Call the ROAR Office, (719) 255-3470
Student is worried about financing their education:	Contact Financial Aid (Cragmor 201), (719) 255-3460, to search out scholarships and financial aid
Student is looking for part-time employment:	Contact Student Employment (Cragmor 201), (719) 255-3454
Student is from a diverse culture and would like a mentor:	Contact the Multicultural Office for Student Access, Inclusiveness, and Community (University Center 108), (719) 255-3267



# Academic Advising

**It is important for your students to know there is someone to help them every step of the way toward graduation!**

Because we value making it clear to students where they can go to get information and help, we have created a centralized advising process for all students regardless of their major.

The Student Success Center has professional advisors available to assist students with any and all questions about what courses to take to complete their degrees, how to select a major, and how to be sure they graduate on time. We also recognize that most students need to work while they are in school, and we make every effort to help them determine ways to find a course schedule that will accommodate their jobs. However, we want to stress that it is important for students to put school first, and to try to fit their work around their academic programs rather than the other way around.

Because of our commitment to bring clarity and convenience to the process of finding answers to questions, we have a model that includes the Career Center as part of the Student Success Center. This creates a smooth transition for your

students to receive assistance with their questions about finding the right major or choosing the career path that is the best match for them. This integrated process of academic advising and career counseling is ideal for providing comprehensive assistance to your students as they progress along their academic paths. And we will even help your students find a job when they are ready to graduate!

Once your students have selected a major, we encourage them to use the Student Success Center to stay on track, and also to talk to the faculty within their chosen area of study. We always want your students to know that there are countless ways on our campus for faculty and staff to collaborate in an effort to make sure your students have the best possible experience here at UCCS.

We encourage you as the family and friends of our students to give them room to explore all the wonderful possibilities of majors on our campus, while at the same time supporting them once they have made their choice. We pledge to do the same. ■



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**CENTRAL CAMPUS**

**CAMPUS DIRECTORY**

ANT	ANTERO HOUSE	B1	GOCA	GALLERY OF CONTEMPORARY ART	D2
ASPN	ASPEN HOUSE	C2	KEY	KEYSTONE HOUSE	C2
BREC	BRECKENRIDGE HOUSE	C2	KFL	KRAEMER FAMILY LIBRARY	D2
BLD20	BUILDING 20	C3	LODG	THE LODGE	C2
CE	COTTAGE EAST	E2	LP	LOWER PLAZA	D2
CW	COTTAGE WEST	E2	MH	MAIN HALL	E2
CG	CRAGMOR GREEN	E2	MON	MONARCH HOUSE	C2
CH	CRAGMOR HALL	E2	PG	PARKING GARAGE	C3
COB	COLUMBINE HALL	C3	REC	RECREATION CENTER	B2
CRES	CRESTONE HOUSE	B1	SCI	SCIENCE BUILDING	E2
CSB	CAMPUS SERVICES BUILDING	E2	SENG	SCIENCE & ENGINEERING BUILDING	D2
DPS	DEPARTMENT OF PUBLIC SAFETY	C3	SHAV	SHAVANO HOUSE	B1
DWIR	DWIRE HALL	E2	STM	STEAMBOAT HOUSE	C2
EIN	EINSTEIN HOUSE	F2	TELL	TELLURIDE HOUSE	C2
ENGR	ENGINEERING & APPLIED SCIENCE BUILDING	D2	TVQ	TELLY-VAIL QUAD	C2
EPC	EL POMAR CENTER	D2	UC	UNIVERSITY CENTER	D2
EPP	EL POMAR PLAZA	D2	ULR	ULRICH HOUSE	F2
FDC	FAMILY DEVELOPMENT CENTER	D3	UP	UPPER PLAZA	D2
FOR	FORSTER HOUSE	F3	VAIL	VAIL HOUSE	C2
GEC	GALLOGLY EVENTS CENTER	E2	WL	WEST LAWN	C2

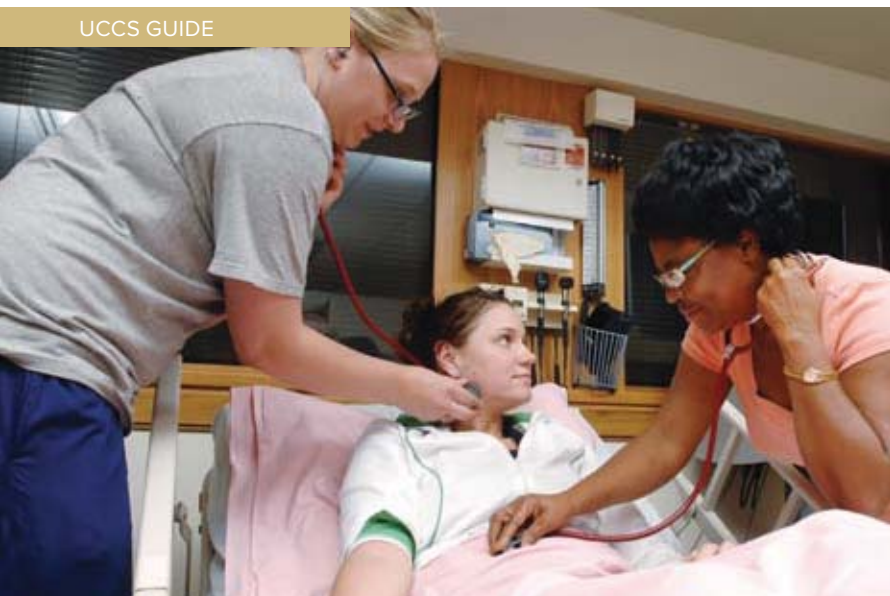
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- VISITOR ACCESSIBLE PARKING
- ACCESSIBLE PARKING
- CAMPUS SHUTTLE STOP
- CITY TRANSIT STOP
- TRAFFIC SIGNAL

**PARKING INFORMATION**

All Campus Parking is by permit only unless otherwise specified.  
**VISITOR HOURLY PARKING:**  
 Pay machines are \$1.75/hr in Lots 1 & 8 and Parking Garage Level 3  
**VISITOR METERED PARKING:**  
 Lots 4 & N  
**FREE PARKING:**  
 North Campus - Lots 11,12,14 & 4 Diamonds  
 Central and East Campuses - Fridays after 4:00 pm and weekends only.  
**QUESTIONS:** Call 255-UCCS (8227)





## Student Health Center

The Student Health Center is committed to providing affordable, quality health care and personalized health education so that students can make informed choices regarding their health.

### Who can use the Student Health Center?

Both FULL time and PART time students are welcome at the Health Center.

Students do NOT need to have medical insurance to be seen for an appointment. All main campus students are automatically charged the per semester Health Center fee for access to the clinic. The Health Center is a fee for service clinic with office visits ranging from \$20 - \$40. The charge for each appointment will be based on the diagnosis and procedures.

### Appointments and Hours

The Health Center prefers that students call ahead for an appointment, but there are limited same day appointments for acute care visits only.

Fall And Spring Semester Hours:

- Monday 9:00 a.m. to 7:00 p.m.
- Tuesday through Thursday 9:00 a.m. to 5:00 p.m.

- Friday 9:00 a.m. to 4:00 p.m.
- During breaks and summer semesters, clinic hours vary.

Please call or e-mail for summer and break hours.  
Phone (719) 255-4444, Fax (719) 255-4446  
e-mail: [hlthcntr@uccs.edu](mailto:hlthcntr@uccs.edu)  
website: [www.uccs.edu/shc](http://www.uccs.edu/shc)

### Medical Insurance

Although medical insurance is not necessary for anyone to utilize the clinic services, the University does recommend that all students have insurance coverage. International students are required to have medical insurance. A student medical insurance policy is available to students and their dependents for an additional amount. However, dependents are not eligible for care at the Student Health Center. Student insurance information is available at the



Student Health Center (719) 255-4444 or on our website [www.uccs.edu/shc](http://www.uccs.edu/shc).

### Services

Many professional services are provided including evaluation and treatment of illnesses, health problems and injuries, as well as preventative visits such as physicals and well women exams, just to name a few.

### After Hours Care

The Health Center does not offer after hours care. Students who seek services elsewhere will be expected to pay those providers for charges incurred. Student Health Center charges do not apply to services performed outside the Center. When the Student Health Center is closed, those students with the UCCS medical insurance plan should refer to their Preferred Provider list to eliminate unnecessary costs. For EMERGENCY services anytime, students should contact the local hospital emergency departments or call 911. On campus call Public Safety at 255-3111 or 9-911 from a campus phone.

### The University Counseling Center

The UCCS University Counseling Center (UCC) assists students with their academic success when personal matters may be interfering with or complicating their efforts. The UCC helps students clarify and achieve academic and personal goals, learn the process of problem solving, enhance their capacity for satisfying interpersonal relationships, and maximize their capacity for continued emotional growth.

UCC offers a variety of counseling services to currently enrolled students. This also includes any member of the student's family or significant relationship that the student may wish to include. These services include: Individual, couple, group, and family therapy, in addition to emergency and crisis assessment and intervention. UCC also offers numerous workshops and trainings throughout the academic year, such as Stress Reduction Workshop, Test Anxiety Workshop, and Student/ Instructor Interactions Presentation. ■

# Student Multicultural Affairs & Outreach

The Multicultural Office for Student Access, Inclusiveness and Community (MOSAIC) promotes a campus environment that is inclusive and supportive of students from diverse cultural backgrounds.



MOSAIC is a safe hub that encourages and nurtures effective engagement across social identities, cultures, experiences, and viewpoints so all students can develop self-knowledge, understanding and appreciation of others, while achieving academic and personal growth. While the director serves specifically as an advocate for students from underrepresented populations, the office engages and provides support to all students from all backgrounds. The program has a cooperative relationship with the office of admissions, financial aid and academic departments. This relationship allows the staff to be available to assist students who experience difficulties in any of these areas. In addition, the office works with student organizations and campus departments to provide activities and programs that celebrate cultural diversity.



A mentoring program is also offered as a resource that strengthens students' satisfaction and sense of community on campus by connecting them to staff and faculty. Interested students should contact the office at (719) 255-3040.

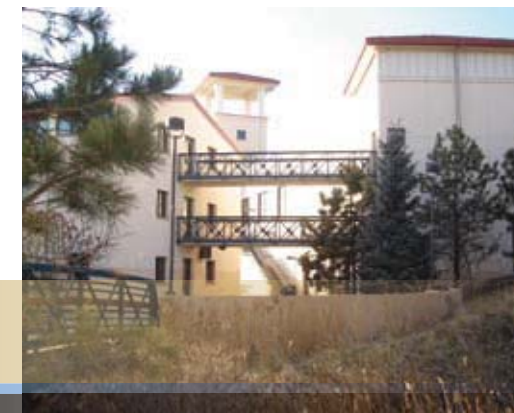
## CU Opportunity Program (CUOP)

The CU Opportunity Program is administered by the director of MOSAIC: Multicultural Office for Student Access, Inclusiveness and Community. The office provides support with admissions, academic advising, mentoring, and college transition for all students, with a particular emphasis on serving ethnically diverse students, first generation college students, and economically and/or academically disadvantaged students. This program is open to all students who indicate their interest in the program by marking the checkbox on the UCCS admissions application.

The CU Opportunity Program is especially beneficial for students who do not meet assured admission criteria but have special circumstances that they believe are relevant to their admission decision. Admission applications for students in this program are reviewed and recommendations are made to the Office of Admissions on a case-by-case basis. Students who are denied admissions to the university are advised on alternative means of achieving a college education. ■

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# Campus Safety & Security

The University is responsible for creating and maintaining a safe and secure learning community. Maintaining this environment is a campus-wide effort, spearheaded by the Department of Public Safety.

## Police Operations

The UCCS Police Department is a full service police department operating 24 hours a day with a dedicated Police Dispatch Center. To maintain a strong safety presence, Police Officers patrol the campus in a vehicle, on foot and on bike. The UCCS PD also employs security guards for additional safety and presence in the housing villages and parking lots. Safety statistics as well as detailed information about the UCCS Police Department and the campus can be found in the annual Campus Safety and Security Report located at the Public Safety website: [www.uccs.edu/~pusafety](http://www.uccs.edu/~pusafety).

## Personal Safety

**Safety Escorts:** Police officers and security guards are available to provide safety escorts on campus.

### e2Campus—Emergency Notification System:

Students, staff and faculty are highly encouraged to sign up for the campus text messaging system. You will receive a text message in the event of a campus emergency providing information on the event and recommendations from Public Safety. It is also used for weather related campus closures.

**Emergency Phone System:** There are numerous emergency phones located throughout campus for immediate contact with the UCCS PD or the Colorado Springs 911 Operator.

## Crime Prevention Programs

**Drug and Alcohol Awareness:** The UCCS Drug and Alcohol Awareness Committee (THINK) is comprised of students, staff and faculty. This committee coordinates numerous events on campus to include a Healthy Choices Fair and Fatal Vision goggle presentations. Public Safety also utilizes SIDNE—The Simulated Impaired DrivINg Experience, a vehicle that simulates alcohol and drug impairment for the driver. The University will take action when policies on the use, possession, distribution or sale of alcohol/ drugs have been violated. This can result in consequences ranging from educational programs to a mandated court appearance.

**Self-Defense Classes:** Rape Aggression Defense (RAD) is a hands-on, self defense, and risk reduction education

program for women. It is designed to teach the student realistic ways to defend and protect oneself from sexual and physical assaults. These classes include basic, keychain, and advanced courses as well as self-defense seminars.

**Refuse To Be A Victim:** A three-hour class that presents crime prevention, theft reduction, personal awareness, and home and office security tips and concepts.

**Risky Business and Positive Choices:** Interactive presentations on personal responsibility and awareness. Public Safety also offers classes in Identity theft, what to do in a campus emergency, conflict management and reduction and theft prevention.

For more information about campus safety and security visit the Public Safety Website or call 255-3111. ■



## UCCS Lion One Card

It is the goal of UCCS to enable students, faculty, and staff to use many services on campus with their Lion One Card (the UCCS ID card).

The Lion One Card is the only official form of identification at UCCS and acts as the student's school ID. The ID card is currently used to access library services on campus (check out books, access several online databases and information). Students wanting to workout use their card to enter the Recreation Center. The card is used to gain access to UCCS sporting events, Art Gallery exhibits, wonderful plays presented by Theaterworks, the campus shuttle and into the campus 24 hour computer lab. For students living in the residence halls, Summit and Alpine Village, it is used for building access and to eat in the Dining Hall (with a valid meal plan). "Munch Money" is another benefit offered to all students, and is designed to stretch your son's or daughter's food budget. Munch Money is purchased at discounted rates and then used at 6 different food service locations on campus. Off campus there are advantages too. Many local restaurants allow students to show their Lion One Card and they will usually receive a 10-15% discount.

All new UCCS students obtain their Lion One Card during orientation or when the University Center Information desk is open. It is simple and easy; step up, take your picture and within minutes receive the card. 1,2,3 and you are on your way.

Another option for students is the Ent Lion OneCard from Ent Federal Credit Union, the official financial partner of UCCS. The Ent Lion OneCard is your all-in-one card for everything you'll need on campus and beyond. It's a student ID, an ATM card, a Visa® Check Card, a meal card, a bus card and a library card all rolled into one wallet size piece of plastic. The Ent Lion OneCard works on and off campus just like the UCCS Lion One Card.

Don't have a Ent Lion OneCard yet? For more information visit [www.Ent.com/UCCS](http://www.Ent.com/UCCS) or Ent's UCCS Service Center located on the 1st floor of the University Center.

For more information about the UCCS Lion One Card visit [www.uccs.edu/uccsid](http://www.uccs.edu/uccsid) ■

## Financial Aid/ Student Employment

### Q/ When Do I Need to Apply?

Submit your FAFSA and your UCCS application for admission by February 1st. This should give you ample processing time to meet the March 1st priority date. Submit scholarship applications by 5 pm March 1st (Postmarks are not honored). Please note that most scholarships have earlier deadlines than most financial aid.

### Q/ What is Financial Aid?

**Grants** . . . financial aid that does not need to be repaid.

**Loans** . . . borrowed money that must be repaid with interest.

**Work-Study** . . . lets you earn money to pay for education expenses while enrolled.

**Scholarships** . . . given based on student merit or need. Does not need to be repaid.

**Volunteer/Educational Awards** . . . awards earned through volunteer service with AmeriCorps.

If you have a question, we're here to help. We are located on the top floor of Cragmor Hall. ■





## Housing

Welcome home! We hope your student will join the 900 students who are living in some of the best on-campus student housing facilities in Colorado.

We invite you to explore the UCCS Summit Village Residence Halls or the Alpine Village Apartments. Both Villages are just a short walk from campus classroom buildings, the Student Recreation Center, the Kraemer Family Library and the University Center.

We believe there are many advantages to living on campus. First, we offer programs and services to help your student's initial adjustment to college life. Second, your student will be part of a community with other students who are going through similar issues and adjustments. They will benefit by sharing experiences with each other and talking with Resident Assistant students who have been through the transition. Third, living on campus is convenient. Student's do not have to worry about cooking (unless they live in the apartments and do not have a meal plan), commuting or access to campus facilities and activities. Fourth, we offer several unique living-learning communities within campus housing such as the Colorado Living and Recreation Floor, an Honors Floor, the Nursing Living-Learning Floor and the Substance-Free Floors.

Our Villages are nestled at the foot of the scenic Austin Bluffs hillside and provide students with some of the most spectacular views of the Pikes Peak region including the Rocky Mountain Front Range and the Garden of the Gods. All our on-campus living options offer the perfect mix of privacy with the opportunity to study, play, relax and meet friends.

If your student is a freshman or an upper classman wanting the traditional residential experience, look at the Summit Village Residence Halls. If the student is over age 21 or is transferring to UCCS with 30 or more credits, check out the Alpine Village Apartments. It's easy – just complete our downloadable application, available with additional housing information at [www.uccs.edu/housing](http://www.uccs.edu/housing), print it and forward the application and fees to: UCCS Housing Village, 1010 Austin Bluffs Parkway, Colorado Springs, CO 80918.

We hope your student will come join the "Village People" and begin making a lifetime of on-campus college friendships and memories. ■

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# Welcome to Colorado Springs!

**You** and your student will be **thrilled** to experience all that our great city has to offer.

**An award worth mentioning: Colorado Springs has been among the top five fittest cities in the US for the past nine years, according to Men’s Fitness magazine. We’re currently ranked number two!**

It’s easy to see why we’re always on the list. With over 300 days of sunshine a year, awe-inspiring natural beauty and the fresh mountain air, there’s never a lack of things to do or see, especially in the outdoors. Hike or bike our many trails, even to the summit of America’s Mountain, Pikes Peak. Rock climb the infamous red spires of Garden of the Gods, brave the Arkansas River in a kayak, canoe or tour-guided raft. Due to an eclectic mix of past residents and benefactors, we have a rich and truly unique heritage. The first inhabitants of the region were American Indian tribes, such as the Ute, Arapahoe and Cheyenne. The discovery of gold in the Pikes Peak region brought the area’s gold rush of more than 100,000 miners and pioneers. After the Civil War, William Jackson Palmer founded his dream “resort town” in 1871 and, as a result, many European “well-to-dos” flocked to the area.

Explore our culture and history at the Colorado Springs Pioneers Museum, The Western Mining Museum, Pikes Peak Heritage Center, the Garden of the Gods Visitor & Nature Center and the historic mining town of Cripple Creek, just an hour away from

Colorado Springs. Soak up arts and culture with an interpretation of the Colorado Springs Fine Arts Center and FAC Modern. Find your own treasures in the shops and galleries of downtown Colorado Springs, Old Colorado City and Manitou Springs, and attend world-class performances at the Pikes Peak Center and the Colorado Springs World Arena.

Another recognition: MSNBC’s Best Cities to Live, Work and Play. We couldn’t agree more. Some can’t-miss attractions include: Garden of the Gods, The Olympic Training Center, Pikes Peak Highway, The Colorado Springs Pioneers Museum, The Pikes Peak Cog Railway, The Air Force Academy, Royal Gorge Park & Bridge, Manitou Cliff Dwellings and Seven Falls.

Dining varies from the local inexpensive haunt to the upscale Penrose Room at The Broadmoor. The Broadmoor is where many of Colorado Springs current restaurant owners were trained and mentored as culinary artists. Downtown Colorado Springs, Manitou Springs and Old Colorado City have a lot to offer your taste buds.

There’s so much to see, do, taste and experience in Colorado Springs, but no worries – we keep it all in one safe place — [www.visitcos.com](http://www.visitcos.com). No matter what you’d like to do or see, we’ll help you find what you and your student have been looking for. ■



## Colorado Springs Attractions

### Cave of the Winds

(719) 685-5444, [www.caveofthewinds.com](http://www.caveofthewinds.com)  
 Century after century, water persisted against rock, leaving behind a crystalline trail. As stone gave way to space, a cave was born. Cave of the Winds is an underground mansion of rooms and passages, decorated with limestone stalactites and flowstone curtains. Nestled among the foothills of Colorado’s Rocky Mountains this magnificent cavern system and scenic canyon chronicle over 200 million years of geological history.

### Cheyenne Mountain State Park

(719) 576-2016, [www.parks.state.co.us](http://www.parks.state.co.us)  
 Located off Hwy. 115, offering a visitors center, gift shop, picnicking, and miles of hiking or biking in a beautiful natural

setting. A crown jewel of Colorado’s state park system with state-of-the-art facilities and recreational opportunities.

### Cheyenne Mountain Zoo

(719) 633-9925, [www.cmzoo.org](http://www.cmzoo.org)  
 No visit to the Pikes Peak region is complete without a trip to the Cheyenne Mtn. Zoo — America’s only mountain zoo! Experience unforgettable adventures with breathtaking mountain scenery with more than 750 animals from around the world.

### Colorado Springs Fine Arts Center

(719) 634-5581, [www.csfineartscenter.org](http://www.csfineartscenter.org)  
 The Colorado Springs Fine Arts Center, founded in 1936, is on the National Register for Historic Places. In 2007, the FAC completed a spectacular \$30 million renovation ►

and expansion. The center is home to world-class art galleries, Broadway-worthy live theatre and an art school for the young and old alike with an acclaimed restaurant, Cafe 36.

**Colorado Wolf & Wildlife Center**  
(719) 687-9742, [www.wolfeducation.org](http://www.wolfeducation.org)  
Experience something different! Wolf tours for the whole family, photo and wolf interaction opportunities, wildlife full-moon howling night walks, and wildlife gift shop.

**Garden of the Gods Park**  
(719) 634-6666, [www.gardenofgods.com](http://www.gardenofgods.com)  
Garden of the Gods Park is a 1,319-acre registered National Natural Landmark of both scenic splendor and recreational opportunities. Imagine dramatic views, 300-foot towering sandstone rock formations against a backdrop of snow-capped Pikes Peak.

**Ghost Town Museum**  
(719) 634-0696,  
[www.ghosttownmuseum.com](http://www.ghosttownmuseum.com)  
The expansion of the railroads and the discovery of gold in the Pikes Peak Region, just to the west of Colorado Springs during the late 1800's, put hundreds of small towns on the Colorado landscape. Most of these towns have vanished from existence leaving little or nothing to their legacy. This period of time comes to life at Ghost Town Museum.

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**Pikes Peak**  
(719) 385-PEAK,  
[www.pikespeakcolorado.com](http://www.pikespeakcolorado.com)  
Drive the Pikes Peak Highway to the 14,110-ft. summit of Pikes Peak. Enjoy spectacular views along the way and at the summit. Summit house has a gift shop, restrooms and snack shop with delicious homemade doughnuts to enjoy on the ride down.

**Pikes Peak Cog Railway**  
(719) 685-1045, [www.cograilway.com](http://www.cograilway.com)  
Since 1891, millions have taken this epic trip to the 14,110-ft. summit of America's mountain! Sit back, relax and enjoy the splendors of Colorado: steep canyons, panoramic vistas and wildlife abound. Reservations highly recommended.

**Rock Ledge Ranch Historic Site**  
(719) 578-6777,  
[www.rockledgeranch.com](http://www.rockledgeranch.com)  
The spirited history of the West comes

to life at Rock Ledge Ranch Historic Site. You are invited to explore the lifestyles and homes of the Pikes Peak Region's early inhabitants. Knowledgeable interpreters will assist you on your journey through one of the nation's premier historic sites. The American Indian area is the only one west of the Mississippi.

**Royal Gorge Bridge and Park**  
(719) 275-7507,  
[www.royalgorgebridge.com](http://www.royalgorgebridge.com)  
There's a place in Colorado where looking down is even more breathtaking than looking up. The Royal Gorge Bridge & Park is like nothing else — the awe-inspiring spectacle of man and nature meeting each other halfway – and that's before we even talk about the rides, entertainment and attractions. The views are magnificent, and the rides are thrilling. Open year round.

**Serenity Springs Wildlife Center**  
(719) 347-9200,  
[www.serenityspringswildlife.org](http://www.serenityspringswildlife.org)  
Located just 30 minutes east of Colorado Springs, Serenity Springs Wildlife Center will take you to a whole different world! This amazing facility is home to over 120 exotic felines and other animals. Your visit will get you up close and personal with lions, tigers, cougars, leopards, binturongs, caracals and more. Most of these beautiful animals are rescued animals that now have a fantastic facility to call home for the rest of their lives.

**Seven Falls**  
(719) 632-0752, [www.sevenfalls.com](http://www.sevenfalls.com)  
Only waterfall in Colorado to make the National Geographic's list of international waterfalls. Featuring a 224-step stairway leading to nature trails. Ride the in-mountain elevator blasted 14 stories straight up through solid Pikes Peak granite.

**U.S. Air Force Academy**  
(719) 333-2505, [www.usafa.af.mil](http://www.usafa.af.mil)  
The Barry Goldwater Air Force Academy Visitor Center serves as the gateway to the Academy, providing information on its history and cadet life to hundreds of thousands of visitors each year.

**U.S. Olympic Training Center**  
(719) 866-4618, [www.teamusa.org](http://www.teamusa.org)  
See where Olympic dreams begin. Visit the home of Olympic champions. Visit the U.S. Olympic Spirit Store — your one-stop shopping venue for Olympic-related apparel and gifts! Free guided tours include a 12-minute film and 45-minute walking tour of the complex.

For more information on these and other area attractions, go to [www.visitcos.com](http://www.visitcos.com). ■



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