

Complete List

Roommates

Top 10 Items to Bring

Leave Behind

Bring or Buy

1

First aid supplies — Accidents and illnesses happen. Send your student with a supply of adhesive bandages and other first aid items plus any over-the-counter meds preferred by your family.

2

Laundry bag — A bag that stands on its own and can be carried easily is best. The UniversityParent heavy-duty canvas laundry bag with load divider and extra storage pockets is guaranteed to last four years and can be purchased [here](#).

3

Bed risers — Bed risers increase under-bed storage space for only \$10-20 (they're sold at stores such as Target, Walmart, and Bed Bath & Beyond and on amazon.com). Check the school's policy on lofting beds before purchasing.

4

Water bottle or pitcher (with or without filter) — Students appreciate having cold water available right in the dorm room fridge.

5

Professional attire — Your student may live in flip-flops and shorts, but there will be events, presentations, and other occasions that call for dressier clothes.

6

Power strips and extension cords — These make it easier for roommates to share scarce electrical outlets and also ensure that electronics are well fed.

7

Lighting — Dorm lighting is minimal; a desk lamp helps. A small flashlight can also come in handy (send a second one if your student keeps a car on campus).

8

Earplugs and a sleeping mask — Roommates often keep different sleep schedules. A set of ear plugs and a sleeping mask can help your student get enough rest.

9

Large mug or bowl — This versatile item can be used for cereal, soup, instant noodles, and more. Make sure it's microwave-safe.

10

Extra socks and underwear — Your student won't need to do laundry as often.